

# SPECTRUM

A Cooperative Newspaper for the Tallahassee Community

April 1980 Issue No. 15

FREE

## *The Seeds We Sow... owned by multinationals?*

See page 10.



# Invisible Jazz/Jazz Alive

by Rommell Washington

The elaborately fabricated drum which Duke Ellington called "Jazz" is not whipping rhythms, melodies or textures over Florida, much less Tallahassee. In fact, a unique problem here in Tallahassee is our community's unwillingness to provide a positive platform for the promulgation of the Jazz medium.

There remain a few dedicated radio announcers who are not only knowledgeable about how Jazz developed, but view this music as very much alive and vital. They try to offer a



photo by Rommell Washington

## Julian Cannonball Adderley

wide range of Jazz to the listener who wishes to get out there and step with it. Usually, this has to be done within a weekly three- or four-hour show that is programmed in an obscure time slot when hardly anyone is listening.

Of course, the recent blossoming of progressive Jazz aired on station WAMF 90.5 FM, FAMU's radio station, broadens the basic rhythm-and-blues/jazz-rock fusion format that usually misses the historical and enjoyable impact which the likes of Julian Cannonball Adderley's (alto sax), Ramsey Lewis' (piano), or Leroy Jenkins' (violin with the *Revolutionary Jazz Ensemble*) music has to offer. These musicians are all products of the Tallahassee area and graduated from FAMU.

It is unbelievable that the state of Florida has produced so many fine Jazz musicians who have gained national and international significance, and yet has not made any effort to preserve their music for historical, educational and/or cultural purposes. To my knowledge, there is no Jazz-oriented society or foundation existing to promote America's original art form in Florida. Why?

First, we must realize that what limits the Black musical artist today is the very

narrow image of what the tradition of our music is, which has appeared of late under the guise of "funk" or whatever, and makes use of only the most obvious musical materials. This limiting form often substitutes superficial sonic oddities for innovation, usually electronic gimmicks, and not the actual innovations of those musicians like Sun Ra (avant-garde jazz pianist-composer).

Funk combines these electronic effects with decadent boody-butt theatrics that have more to do with the minstrel tradition than with engaging total fusion of sight and sound.

This limitation is not so unusual when you examine the tradition of response to Black innovation, at least since the bebop era. You'll notice that whenever new directions arrive that challenge the audience, a few things start to happen. The musicians, with fresh approaches and extraordinary applications of the musical legacy, are accused of having lost contact with the roots or of not playing music at all. And yet, a blues-based foot- or boody-oriented music is brought to the fore, is given great promotion and becomes the most popular music of the day against which the newer styles are evaluated. And then the innovators are told that *this* is the true music of the people and its popularity is proof of such.

In the late 1940s, it was Louis Jordan. In the 1960s, it was the "soul" fad, replete with tenor saxophones, organs and lots of flat notes. In the 1970s, it was the "jazz-rock fusion" and "crossover" players who made their living by playing songs from the contemporary popular music repertoire, or by creating their own versions of popular formulas.

No, none of this is very new, and it only serves to point up the fact that Jazz at its best is not really a popular music anyway because it's too complex a music for the run-of-the-mill mentality and demands too high a level of perception.

In fact, Sun Ra, when interviewed at his home in Germantown, Pa., last summer, was quick to point out, "Don't worry about Jazz ever coming back within the reach of the mainstream. It may never come back. It just so happens that at one time it was popular music because it ironically became a fad...but not because it was an art. Only because it was a fad."

That may have been what is called luck or historical accident. But it seems to happen to a lot of our culture, having no bearing on its depth or quality. And what is so unfortunate is that so few musicians today understand that and are constantly putting themselves in competition with people like the *Commodores* or Peabo Bryson, who are fine popular artists. Both are geniuses in the forms with which they work, but neither can be said to have as much to say as a musician like the late Charles Mingus, Dizzy Gillespie, Nette Coleman, or Cecil Taylor, all of whom are part of the tradition out of which the most intricate, aristocratic, and simultaneously vital music of the twentieth century has come. It should be no news to anyone, if only because of its quality, that this music hasn't the audience of a Motown performer.

Such ignorance of this vital form of music is not surprising. That is the way it usually goes in Western art. But many contemporary Jazz players don't understand this and are taking the battle to the wrong place because they see themselves as popular artists rather than as the high artists they are. They argue about not receiving the promotion the *Rolling Stones* get when their true target should be to get the kind of attention shown those who work with the European forms usually known as "classical music".

However well he is treated, Jazz musician Van Cliburn does not make the same money a Mick Jagger or a Stevie Wonder, or anyone working in those areas of accepted popular music makes. The difference is that Cliburn, unlike Cecil Taylor, is actually seen as a major artist, which results in his living a comfortable life and having his music presented under the best of circumstances.

Taylor, like most Jazz musicians, is only given the usual lip service this form usually receives. For all the rhetoric, pats on the head, the "Voice of America," etc., Jazz musicians are still seen as popular artists whose music is thought of in connection with the weird melodies, "exotica," and "barbarism" of the 19th century minstrel tradition. The battle must be fought to have Jazz acknowledged as a high art form, and must be made a priority in the community colleges, universities, public schools and the community at large.

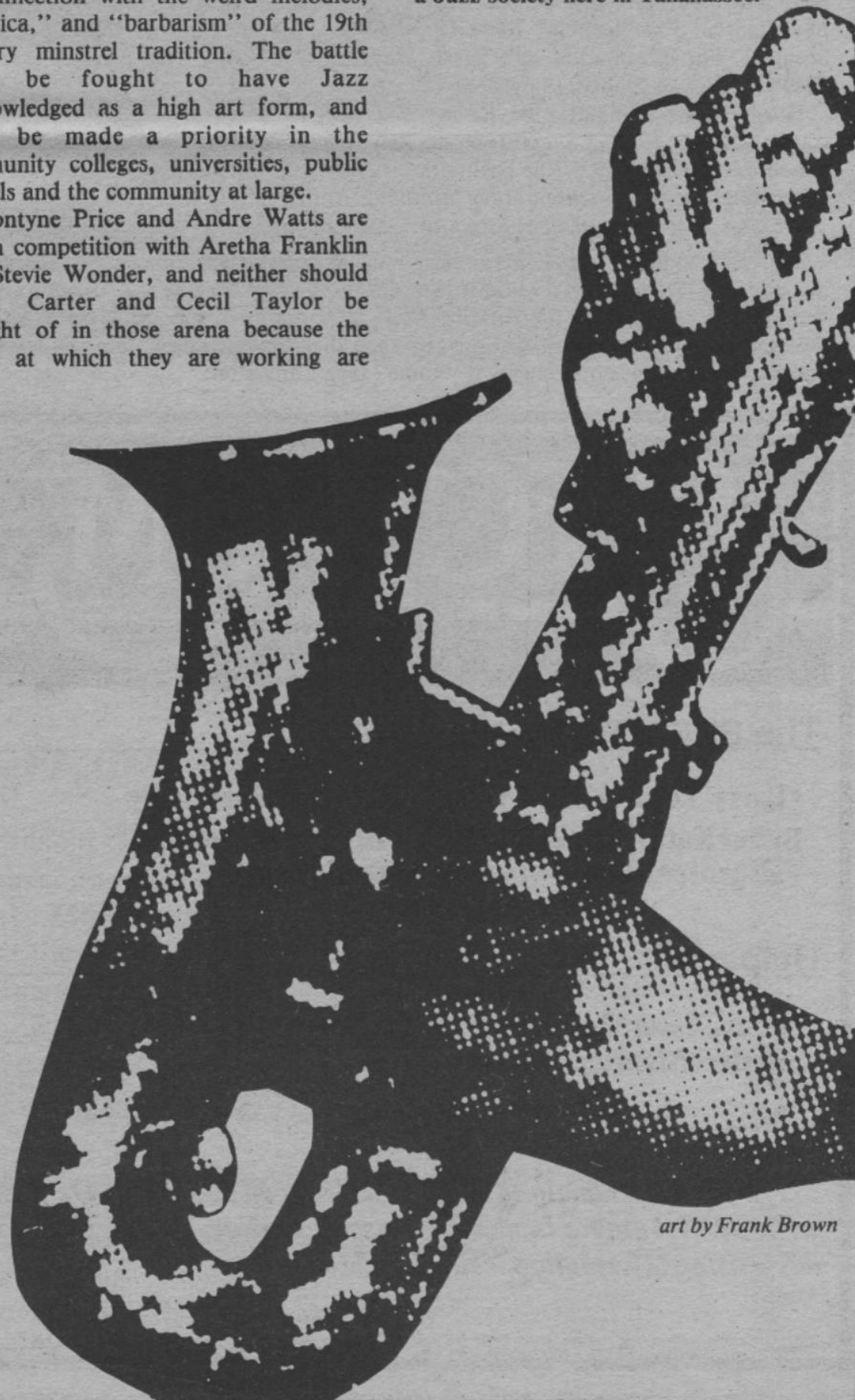
Leontyne Price and Andre Watts are not in competition with Aretha Franklin and Stevie Wonder, and neither should Bette Carter and Cecil Taylor be thought of in those arena because the crafts at which they are working are

about something else altogether, regardless of their broad connections to the African-American musical tradition. It just happens that the lowering of ethnic barriers has allowed Price and Watts to be successful by working in European forms that have long been given the green light by the so-called "high art" establishment and its attendant concert goers. This has yet to happen for the Jazz musician because the emergent Black middle class (classes) period has yet to realize that Jazz is the premier art music of the 20th century and is suffering from the same kinds of guilt complexes one finds in its neurotic white income cousins, coming out only to "maintain" connection with the sidewalk people of the Black lower class, sort of a nostalgia for the romance of poverty and its attendant manifestations.

It will be a long march to glory, but I'm sure the music can make it right here in Tallahassee, Florida.

...

Rommell Washington is a Jazz lover and political activist. Having lived in Tallahassee for years now, he has been instrumental in keeping Jazz alive at WAMF-FM 90.5 with his show *Just for You/Jazz for You*. His goal is to organize a Jazz society here in Tallahassee.



art by Frank Brown

# COMMUNITY ANNOUNCEMENTS

**Stop Crime in the Suites! April 17 is Big Business Day, which takes notice nationwide of the abuses of corporate power.** The Florida AFL-CIO is coordinating events for the state of Florida, including naming the "Dirty Dozen," a dishonor role of the 12 worst corporate offenders. For information about local events, contact Peter Boespflug, Florida AFL-CIO, at 224-6926.

**The Tallahassee Peace Coalition is holding a series of presentations on peace-related issues.** Held on consecutive Monday nights at 7:30, at the United Ministries Center, the schedule runs as follows: April 7—Nuclear Arms Race, April 14—Alternatives to Militaristic Foreign Policy, April 21—The Moral & Religious Imperative to Peace (Judaic-Christian & Gandhian Approaches), April 28—War Tax Resistance, May 5—Conversion to a Peaceful Economy, May 12—Conscientious Objecting. Discussion will follow. TPC also will have a benefit at Tommy's on Tuesday, April 29.

**A video presentation of Krishnamurti with Dr. Alan Anderson will be shown April 10, 12, 17, 19, 24 and 26 in FSU Union 346, 8 pm.** Open to the public.

**Swampland Flowers Dharma Community presents an open meeting, an "awareness practice," to create an attention, an awake presence in each activity...zei practice.** The open meeting will be held at 1514 Pullen Road every Thursday evening, 7 p.m. Zen Practice is on Mondays at 7:30 p.m., meeting place TBA. For more information, call David at 575-6422, Chris or Janaki at 385-0202.

**Energy Expo 1980 will be held April 12 and 13 at the Gainesville Community Plaza in Gainesville, Florida and the Historic Star Garage Exhibit Hall.** Solar technology and other energy-saving devices will be exhibited along with an "Energy Today and Tomorrow" film festival. Contact North Central Florida Planning Council, 2002 N.W. 13th St., Gainesville, FL 32601, for more information.

**The Tallahassee Birth Center has changed its name to The Tallahassee Childbearing Center** in order to emphasize their concern for the entire childbearing year rather than just birth. Their goals for the coming year include: setting up a childbearing center office; teaching various birth-related courses; a birth attendant program for hospital births; organizing a referral system of physicians and services; lay midwifery lobbying for lay midwife training and licensing. For information call: Susan Maynard (878-3664), Beth Swisher (385-8549), or Risa Denenberg (877-6866).

**House Select Committee on Energy Bills will be heard on: mandatory solar water heating for new construction (PCB19); requiring energy audits as conditions for sale (PCB20); prohibiting radar detection devices (PCB21); and others dealing with tax exemption beginning April 1 at 10 a.m. and continuing April 2 and 3 at 9:30 a.m. at 413 Capitol.** Contact Doug Alderson at 877-7942.

**Surprising as it may sound, this month's issue of Redbook has a major, 4-page anti-nuke article!** Dealing with a Middletown, PA family who became convinced it was necessary to evacuate the Three Mile Island neighborhood, the article deals with the experience of having two children extremely ill at that time (radiation sickness?) and the fear, and the not knowing if "home" is safe any more.

# LETTERS

## Editors:

After reading SPECTRUM's last issue, I felt a nagging at my mind. It said, "It seems like the crunch is on the alternative community in Tallahassee."

Good Life General Store was robbed of \$800. The Leon County Food Co-op is having to plan the upcoming changes of moving or building at a new location because their lease has run out with no present reasonable opportunity to negotiate a longterm lease at its present location. And, SPECTRUM has gone into debt for this publication.

Last month, Tana's article offered many ideas among which was suggesting to businesses to advertise in this upcoming issue. The people of SPECTRUM have worked very diligently in the past months to bring you free issue after free issue. The marathon production weekends have consumed all their time and even part of their sleep (a lot of the staff work regular jobs during the week). They are sincere in their endeavor to bring you SPECTRUM, never asking anything other than your feedback and interest.

I personally would be more than glad to pay for my copy of SPECTRUM. A mere 25 cents once a month, or bimonthly, isn't anything. It's the least we, the community, can do to give our support that is needed, to the people who produce SPECTRUM.

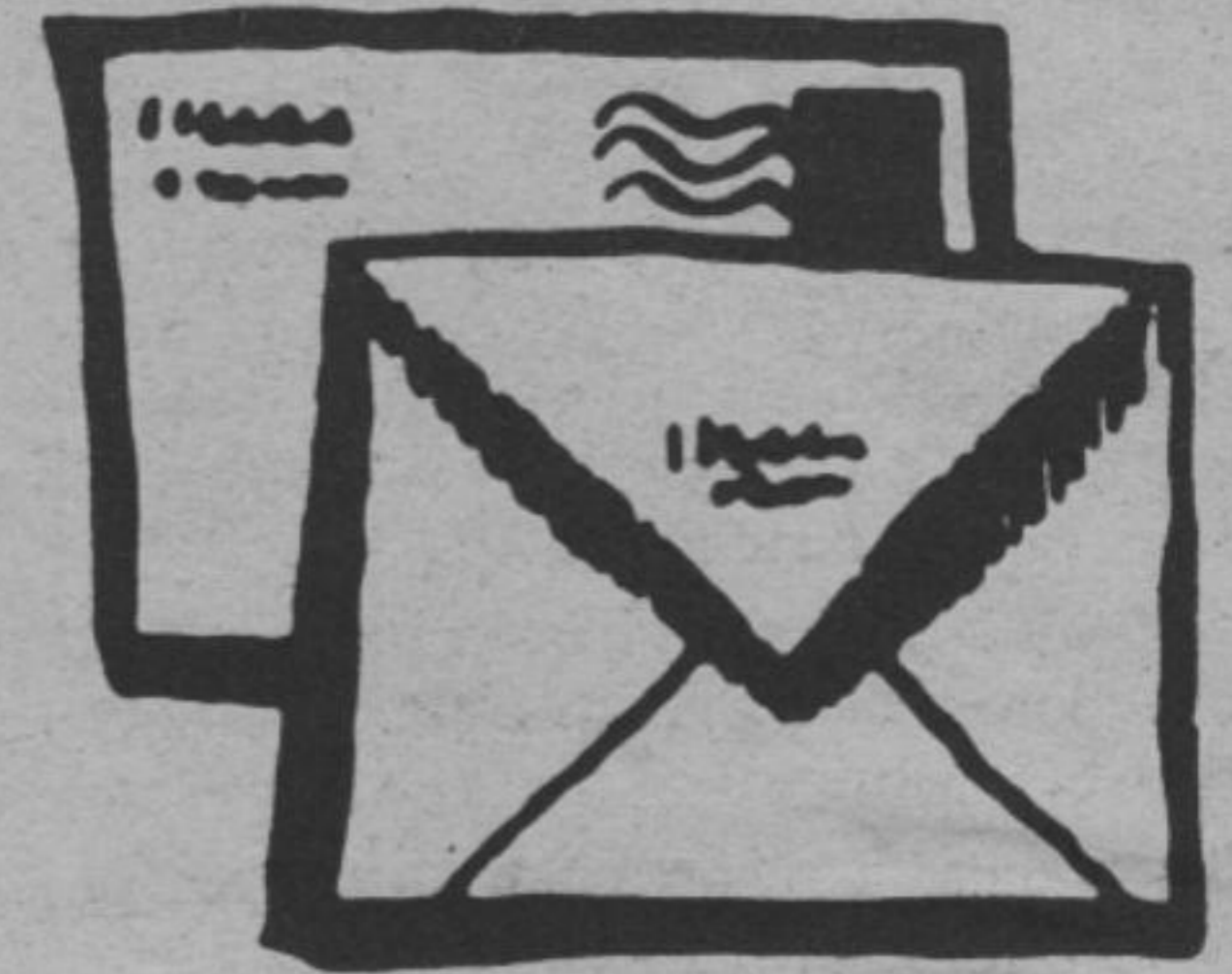
Let's keep it alive! SPECTRUM is the voice of the alternative community here. How else can we work together for the betterment of all without this medium? SPECTRUM keeps us in touch with what's happening concerning LCFC, Good Life General Store, FWHC, women's issues and events, the Clearinghouse on Criminal Justice, healing arts, the draft, environmental conservation, anti-nuclear movement news, and reform of marijuana laws, to name just a few.

I hope the readers and the staff of SPECTRUM will see many more days of a good newspaper/magazine in the upcoming year. Can you imagine if 5,000 copies were sold at 25 cents a copy? If only half that many were sold, that would increase SPECTRUM's budget \$625 above the amount received from selling ads.

Pay for your next issue of SPECTRUM. It's less than a candy bar these days, and it doesn't cause cavities.

Shari Withers

*Editor's note: We're currently discussing several directions to take in obtaining community support for SPECTRUM. The best idea so far is the idea of voluntary tithes by our readers who can afford to give some money for an issue. We haven't made a decision yet and any plan would need to have certain kinks worked out. But, we'll keep you informed and we'd like your feedback on options like a voluntary tithe.*



## Editors:

I recently saw your address in the *Southern Agitator*. My purpose for writing is to inquire if there are readers in the Tallahassee area who would like to write to me in prison. I am in prison in Lucasville, Ohio, and would deeply appreciate corresponding with people out there. My address: James Moodie — 140487, P.O. Box 45699, Lucasville, Ohio, 45699.

James Moodie



## The SPECTRUM Collective:

•Larry Teich•Vicki Mariner•Pat Simmons•Libby Brice•Kathy Blackmon•Frank Brown•Rowan Fairgrove•Margie Menzel•Tana McLane•

## Helpers:

•Louis Tesar•Lee Dwyer•Kate Teluga•Suzanne Schafer•Maurice Hinds•

For information about SPECTRUM, call 575-2934. Or write 2105 Autumn Lane, Tallahassee, Florida, 32304. For advertising information, call 222-2528.

## Next deadline...

Article and announcement deadline for the next issue of SPECTRUM is Friday, April 18.

SPECTRUM is an open forum for the Tallahassee community. Emphasizing events, developments and activities in the "alternative/progressive/cooperative" culture here, we encourage people to participate with contributions of articles, labor or advertisements.

Writers and artists cannot be paid. Articles and artwork are printed on a space-available basis. Please be sure to include your name, address and phone number so we may contact you.

Views expressed by the writers are not representative of SPECTRUM or of any particular organization unless identified as such. Our goal is to provide an open forum for the community, but the staff does bear certain legal and moral responsibilities for the content of the publication. Therefore, we reserve the right to withhold from publication any material that is libelous in tone. The SPECTRUM collective also reserves the right to withholding material referring to specific individuals until they have had the opportunity to review and respond to all articles in question.

Turn all announcements and articles in to the SPECTRUM basket at the Leon County Food Co-op or mail to: 2105 Autumn Lane, Tallahassee, Fla. 32304.

## Note to advertisers...

SPECTRUM is no longer encouraging \$4.00/1 column inch ads because we find that tiny ads take as much time, effort and camera work as larger ads. However, if you want a \$4.00 ad, we'll include it in our new cluster of Service Classifieds.

## Whatever Happened to the Transportation Issue?

by Vicki Mariner

We've been talking for months now about doing a SPECTRUM that was focused mainly on transportation alternatives.

We've gotten some great artwork for the cover, lots of good articles and enough ideas to fill several issues. But while we've spent the last month figuring out a new publication schedule, you all have been writing your little heads off. We had so many timely and excellent articles submitted we need thirty pages to print them all.

Financially, we're still limited to sixteen

pages. So, once again we decided to put off the "Great Transportation Issue". (It's just so hard to tell people who've knocked themselves out to get an article written that it won't run for another six weeks.)

So, here it goes, folks, one more time: Next issue will focus on getting mobile in Tallahassee. We are hereby soliciting articles about the politics and experiences of alternative transportation — bicycling, busing it, walking and driving non-polluting vehicles. Our deadline for next issue is: **Friday, April 18.**

## On the Precipice of Opportunity

by Pat Simmons

For over a year now, many of us in the community have seen SPECTRUM as standing on a precipice of great opportunity.

The paper has been a forum for the cooperative movement; has dealt with local and near-local issues; has handled interviews with notable quotables; has followed famous (and infamous) visitors to Tallahassee and faced political spitballs from various directions.

If this were not a paper of purpose and direction, the above paragraph could not have been written.

It's quite a rush to feel the powerful energy in the production lab, emitted by these friends working long into the early morning, pasting up and creating SPECTRUM. And what a thrill to stand back and watch a blank piece of paper, lines every which way, become a printed page, article by article, forming the finished product.

We want this paper to survive. That's why we plan to squeeze through our financial problems. In order to do this, a

few slight changes are being made. SPECTRUM will be restocked on the stands every six weeks instead of every month. Members of the collective will each be selling some ads for every issue without receiving ad commissions. And production weekend will be expanded to two, thereby splitting the massiveness of the effort and hopefully softening the burnout blues.

This paper will still be brought to you free of charge, with contributors and producers all continuing as dedicated volunteers.

SPECTRUM relies on ad sales, subscription contributions and donations to keep in the black.

Requests for subscriptions are increasing, sending the pages of SPECTRUM hither and yon throughout the country.

Incoming articles run the gambit, and letters to the collective are increasing.

Supported by an alternative community of "whole wheat clientele," the precipice of opportunity still looms and SPECTRUM still stands.

## Participating at Every Point

by Margie Menzel

It's not just the quality of writing and production, nor the content, that draw attention to SPECTRUM. The very existence of an open and functional collective is a role model for every sort of enterprise.

We believe that participatory journalism means that the readership makes the news and analyzes it as well as enjoys the reading of it. Passivity has got to go — it's our survival at stake.

Walter Cronkite was recently quoted as saying, "Our government is not working well enough, often enough. We have got to start thinking the unthinkable: Is democracy possible when people can't get

enough information to intelligently vote on their future? It may be just that total freedom of speech and press are not possible when technology has so compressed time and distance."

Hopefully, cutting back to eight issues a year will give our readership a greater opportunity to analyze and respond. We can slow up the cycle of event to analysis to writing, to editing, production, printing, distribution...and teach more people how to participate at every point along the way.

We've got to get our own information, if it's being withheld. And we've got to learn our own truths.

## Note to SPECTRUM Writers

by Tana McLane

As we joyfully go to press again, I'm struck by several things SPECTRUM needs its writers to know. First, a tremendous thanks to all of you who filled these pages to make one of the best issues ever! And to those whose articles fill our "held article" file, thank you, also. We had to hold a heartbreaking amount of copy. We'll run it next issue and as we can.

Our six-week schedule means we receive more articles per issue (but keep them coming!), while our cost increases

force us to sell more ads for the same old 16 pages. As a result, we're tightening up our format with newspaperlike techniques, as an experiment on better use of space. We justified our type this time and have used less filler art.

Please writers, if at all possible, turn in typed, doublespaced articles. It makes reading, editing and typing incredibly easier on our eyes. Even poorly typed copy is better than all but the nicest penmanship. It also helps us gauge how long your article really is.

## New Printing Schedule

### The Year Wheel and SPECTRUM

by Rowan Fairgrove

As explained elsewhere on this page, we have decided that a once-a-month production schedule is too much to handle financially and that every two months just isn't often enough for us to provide the forum we'd like to be.

So we decided to drop from 10 issues per year to eight — which means we will come out every six weeks. In searching for a coherent six-week schedule, we decided to go to print on the Wednesday prior to each of the eight Festivals of Year Wheel.

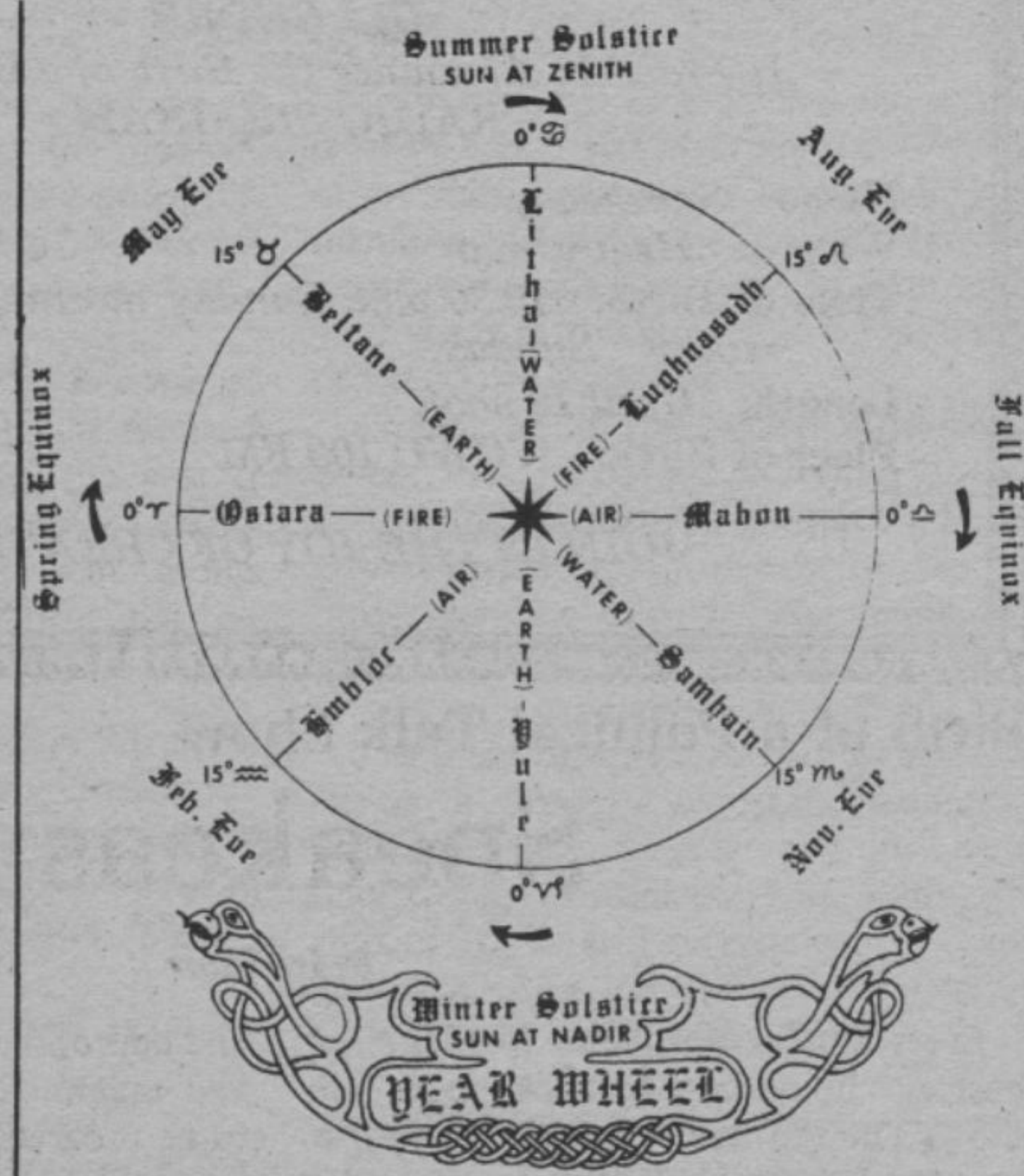
These festivals are the Solstices and Equinoxes and the half-way points between them. The latter are often expressed as the Eves of a given month. For example, October 31 (Samhain or Halloween) is the Eve of November.

The Year Wheel has been discussed in SPECTRUM's pages at some length in the column, "Spreading Branches," so I will just give a brief description here. The interested reader is advised to check out our back issues, particularly March 1979, in which the whole Year Wheel is discussed.

Variations of these holidays have been observed in all parts of the Northern Hemisphere throughout recorded history — the calendar stones and monumental works such as Stonehenge bear mute testimony to their celebration even earlier. Most cultures have observed the skies, marked and celebrated the exact times of the solstices and equinoxes.

The cross-quarter days (month eves) have varied from culture to culture, usually being moved slightly to coincide with local conditions of planting or harvest, lambing or shearing, animal mating seasons or other celebratory times.

The exact times of the festivals may be



determined astrologically by determining when the sun enters or reaches the midpoint of certain houses (although, due to procession of the equinoxes, this no longer bears any resemblance to what is actually observable in the sky).

The most common system is as we have done — used astrological times for solstice and equinox and arbitrary calendar dates for the cross-quarters — even though we get an error of 3 to 8 days from the 15° points.

We hope the system we have chosen is sufficiently simple that everyone (including us!) will be able to figure out when the next SPECTRUM should be on the stands. Keep this page for future reference for SPECTRUM's schedule.

The holidays and our printing schedule for the rest of 1980 runs as follows:

Holiday	Printing Date
May Eve (4/31)	Wed. April 30
Summer Solstice (6/21)	Wed. June 18
August Eve (7/31)	Wed. July 30
Autumnal Equinox (9/22)	Wed. Sept. 17
November Eve (10/31)	Wed. Oct. 29
Winter Solstice (12/21)	Wed. Dec. 17

## Financial Report

	#14 Projected Feb/Mar	#14 Actual Feb/Mar	#15 Projected April
<b>EXPENSES</b>			
Salary	75.00	75.00	75.00
Ad commissions	83.10	28.16	77.38
Production lab rental	100.00	100.00	100.00
Office supplies	10.00	11.44	10.00
Photos	5.00	3.00	5.00
Printing	335.00	363.39	360.00
Gas	5.00	5.00	8.00
Subscription mailout	20.00	19.32	20.00
bank charge	3.75	3.05	3.05
loan repayment	10.00	0	10.00
miscellaneous	20.00	40.00	20.00
<b>Total expense</b>	<b>666.85</b>	<b>648.36</b>	<b>688.43</b>
<b>INCOME</b>			
Advertising	526.80	539.60	671.80
Subscriptions	22.00	25.00	59.00
Donations	0	0	15.00
<b>Total income</b>	<b>548.80</b>	<b>564.60</b>	<b>745.80</b>
<b>Total earnings (loss)</b>	<b>-118.05</b>	<b>-83.76</b>	<b>+57.37</b>

## Subscriptions:

### How You Can Help

Last issue, we lost less on paper than we anticipated. This was due to the fact that our ad salespeople didn't take their sales commissions. In effect, this \$83.76 loss was borrowed against this issue's ad sales. This current issue is projected to make \$57.37. This wonderful phenomenon is a direct result of your response in terms of increased subscriptions (thank you subscribers) and our increased ad sales (thank you advertisers and salespeople). If we keep up this level of subscriptions and ad sales, our finances will soon be on the road to more stability.

The six, week schedule

helps, but what helps most are your subscriptions and ads. Give a subscription to an out-of-town friend and remember to tell people who own businesses that you'd like to see them in SPECTRUM. This project is only working due to cooperation, and you're a part of that. We appreciate you help.

—Jerry Johansen

## community notes

IRA SHORR

Is Proud to Announce the Birth of a Brand New  
RADIO PROGRAM

Name: *Speakeasy*

Weight: *Heavy, man*

Time of Birth: *10:30 a.m. Sunday morning...reborn  
every Sunday*

Length: *Until 12 noon*

Place of Birth: *WOWD 103 FM*

JOIN IN THE JOY OF CREATION



### Birth of a Political Talk Show

## Speakeasy

by Ira Shorr

Every Sunday starting at 10:30 a.m., I host an hour-and-a-half phone-in talk show. The last half-hour (11:30-noon) is reserved for psychic Kelley Powers and a discussion of the metaphysical world.

For the first hour of *Speakeasy*, you and I have been given total freedom to discuss any topic that our left or right hemisphere can conjure up. I'm partial to the left, myself, but there's room for every opinion.

We can make *Speakeasy* a powerful medium for information and social change. The show is spiced with humor

and appropriate musical pieces (both safe and renewable resources). The freedom to be progressive on our public airwaves is a rare and valuable commodity. Collect your thoughts on politics, nutrition, economics, unions, boycotts, literature, movies, etc., and call in.

*Speakeasy* can become a town meeting of the air with a voice powerful enough to reach into the status quo and turn it inside out. Quo status, everyone, talk to you on *Speakeasy*, every Sunday morning from 10:30 to 12 noon on D-103 FM.

### Political Alternatives

## Two Aspiring Parties

### The Libertarian Party

by Richard Stevens

"We hold that all individuals have the right to exercise the sole dominion over their own lives, and have the right to live in whatever manner they choose, so long as they do not forcibly interfere with the equal right of others to live in whatever manner they choose."

—from Statement of Principles  
Libertarian Party

On November 4, 1980, Florida voters will be asked to select one of three presidential candidates on their ballots. Two of the choices will be well known. The alternative, Libertarian candidate Ed Clark, will probably be unfamiliar to many voters.

You can endorse the Libertarian philosophy by voting for Ed Clark for President in November. However, before this is possible, a practical matter must be resolved: to have Clark's name appear on the Florida ballot, we are required to submit petitions signed by over forty

thousand registered Florida voters. We have already made a good start toward this goal and you can help us finish the job. Join us on Saturday, April 4, for a one-day petition blitz followed by a get-together that evening.

For more information about Ed Clark and the Libertarian Party, its ideology and goals, contact Jim at 575-5809.

### The Citizens' Party

by Bob Lewis

It's good to organize locally. It's also helpful across the country. Here's your chance!

The Citizens' Party needs all the help it can get. When registering for the national elections slated for next November, there will be an alternative choice to corporation domination. The national convention for the Citizens' Party will be April 10 in Cleveland, Ohio. Then they will be working on ballot access in Florida afterwards.

Call me, Bob Lewis, at 224-7844 for more information. Best wishes.

### Comprehensive Draft

## Planning Tallahassee's Future

by Roger Peace

This is a synopsis of policies in the Tallahassee/Leon County Comprehensive Plan Draft of March 3, 1980.

• **LAND USE** — In order to accommodate an expected population growth of 100,000 more people in Leon County by the year 2000 (a total of 240,000 people), the following policies are being promoted by the Tallahassee/Leon County Planning Department: (a) higher density and "mixed use" zoning in the urban area, (b) development of "infill" areas (areas within the urban still undeveloped), (c) restrict development outside the urban area, and (d) minimize linear commercial development along major roads while encouraging concentrated nodes of commercial activity.

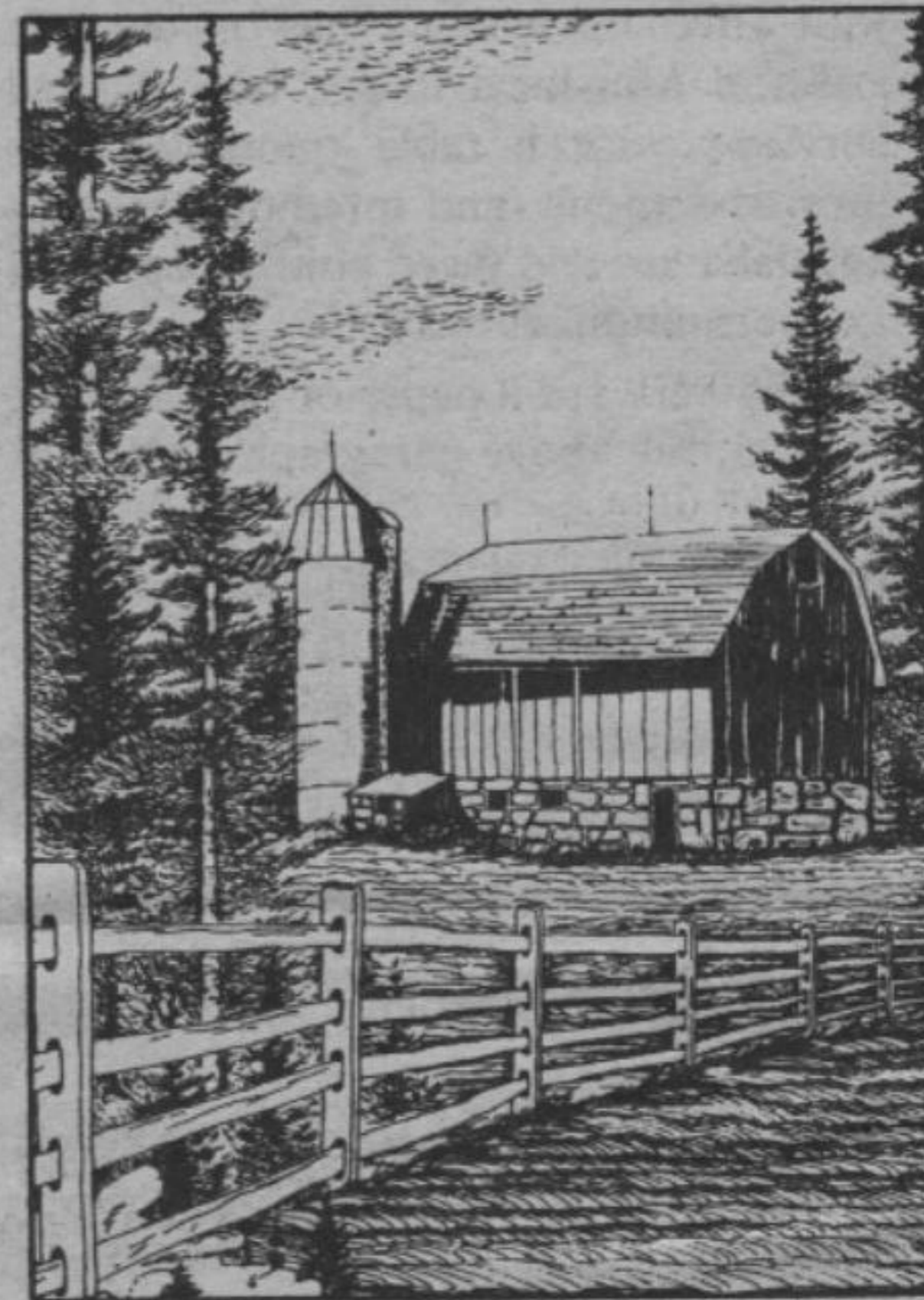
• **CONSERVATION/OPEN SPACE** — In order to protect the natural environment from abuse and satisfy the needs of Leon County residents for open land, (a) review all proposed developments to determine their environmental impact, (b) require open space in new developments and in zoning districts, (c) encourage land use compatibility with sensitive lands (i.e. prohibit development of flood plains and storm-water management areas), and (d) create a zoning district to specifically protect agriculture.

• **HOUSING** — In order to ensure affordable and accessible housing, and residential neighborhoods which are safe and healthful, (a) provide developers with incentives to produce much needed lower-income housing, (b) investigate (govt.) land banking for low-income housing, (c) promote government financed home ownership programs, rent subsidy programs, and low-rent public housing, (d) monitor housing conditions in all neighborhoods, and (e) promote selective demolition of dilapidated housing, securing relocation opportunities for those affected.


• **TRANSPORTATION** — In order to facilitate the movement of people and goods throughout Leon County and provide diversity in modes of travel, (a) meet existing demands of vehicular traffic while slowing future growth, (b) promote mass transportation in the central city and investigate rural transit service to non-urbanized sections of the county, (c) expand aviation facilities, and (d) promote bicycle and pedestrian transportation.

• **ENERGY** — In order to ensure that adequate energy will be available to meet the needs of Leon County while

attempting to increase the efficiency of energy use: (a) increase housing densities near employment, shopping and recreation centers for transportation efficiency while discouraging scattered low density development, (b) require energy conservation in homes through building code regulations (i.e. Florida Model Energy Code), (c) pursue "joint participation projects" with other providers of electrical power (i.e. Saint Lucie nuclear power plant), (d) promote solid recycling waste programs — encouraging product reuse and resale, generating methane fuel from solid waste, and generating steam through the burning of solid waste, (e) encourage production of Leon County consumer goods (local marketing) to minimize importation, and (f) educate agricultural interests to the benefits of "organic processes."




• **ECONOMIC OPPORTUNITY** — In order to establish and maintain an economic environment wherein each individual "has the opportunity to achieve his or her full economic potential": (a) encourage continued centralization of state government in Tallahassee, (b) seek economic diversification in the private sector, emphasizing the use of local labor and the unemployed, (c) encourage employers to provide job experience opportunities for youths (i.e. part-time jobs, internships), (d) encourage equal employment opportunities for women and non-whites, and (e) encourage low-cost child care facilities.




**Hallelujah Harps**  
• 22 string lap harps  
• 30 & 36 string folk harps  
• 6 string dulcimers  
Ross Barrable 576-2557

**Seven Hills**  
A Holistic Community  
Health Center  
**Mexican Dinner**  
Tues. April 15, 7-9 p.m.  
Unitarian Church  
Tickets available at LCFC  
Adults \$2.95, Members \$2.50  
and Children \$1.50



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# no-nukes and solar energy

## Catfish Legislative Update

by Bob Lewis

On March 3, 1980, the House Energy Committee pushed through most of Gov. Graham's energy package. It mainly interested itself in providing an energy trust fund.

The fund would develop grants to homeowners and businesses for percentages of the cost of energy conservation measures and renewable energy source properties. The funds would also aid in a research and development program and a highway

speed reduction program.

The funds will stem from windfall oil and gas severance taxes, gas guzzler taxes, surcharges on exceeding the speed limit and excess revenue from the coastal protection trust fund.

•••

Doug Alderson and Bob Lewis are currently trying to get some radioactive waste bills into the Natural Resources Committee. Anyone who wishes to aid in this endeavor or who has ideas can contact them at 224-7844.

## Catfish Alliance Plutonium Grits

# Local Political Action

by Debi Powers



**The City Commission and St. Lucie:** After learning that the city commissioners might consider buying into the St. Lucie nuclear power plant in order to meet Tallahassee's future energy needs, Catfish Alliance formed a coalition with the Sierra Club, Concerned Citizens, and Congresswatch to oppose such a move. Two spokespersons representing the coalition addressed the city commission in December 1979. They discussed the reasons why nuclear power is not a good economic investment for the city and suggested many energy alternatives.

The result of this educational activity were far-reaching. First the editors of the *Tallahassee Democrat* published an editorial agreeing with the anti-nuke position, indeed, even repeating many of the exact words used in the anti-nuke presentation to the commission. Secondly, Commissioner Hurley Rudd released a four-page press statement in January declaring his opposition to any further nuclear investments and support for various alternative solutions. Commissioner Dick Wilson also publicly stated that the city should not buy into St. Lucie.

In the February city commission elections, Carol Bellamy continually spoke out against nuclear power, which became a major issue in the election. Bellamy won with 63 percent of the vote against a pro-nuke opponent!

At a March city commission meeting, three out of five commissioners (Bellamy, Rudd and Wilson) expressed their opposition to further nuclear investment, but the commission decided not to withdraw from the anti-trust against Florida Power and Light Corporation which also involves other Florida municipalities. FP&L owns the nuke currently under construction at St. Lucie. The anti-trust suit, if won, would give the suing municipalities the right to buy into St. Lucie, as well as the right to buy base load power, which would be cheaper than generating it, and the right to sell excess power, and the possibility of recovering damages due to anti-trust violations by that company.

**Citizens Fight Westinghouse Rezoning:** Several citizen groups actively opposed the rezoning of land on Capitol Circle from agriculture to industrial use because the land may become the site for a Westinghouse plant.

A newly-formed citizens' coalition calling itself "Citizens for Responsible Industry," expressed their major objections at a county commission hearing in early March.

The objections of the group are: (1) Westinghouse has not told Tallahassee what it plans to build, hence there is a possible environmental threat; (2) More and more industrialization will lead to a decrease in the quality of life that we experience here; (3) This plant may be a large energy consumer exploiting the city's energy resources; (4) An industrial base means that the local economy is more influenced by the cyclical trends of the larger economy (ie. recessions, depressions, etc.); (5) Westinghouse is one of the largest multi-national

continued page 15

## Florida Solar Coalition

by Steve Leitman

Are you frustrated by technology and the lack of control you have over machines which influence and control your life? Do you feel it's irrational for energy needs to be provided by increasingly bigger and technologically more complex sources? Do you feel technology should have a human face (preferably one that smiles at you)? Are you frustrated by the fact that you philosophically favor the use of solar and other "soft" energy sources, yet you don't know how to incorporate this philosophy into your everyday life?

Catfish Alliance has done an admirable job in fighting the proliferation of nuclear power plants and in educating the local population on the tradeoffs involved in lighting up our lives with nuclear power. But to date, no group has taken on the task of strongly and cohesively promoting solar and other appropriate technologies on a statewide level.

The Florida Solar Coalition has attempted to fill this void. It has made contact with several national organizations, has sponsored outstanding conferences on solar power in Florida, and united numerous solar-oriented organizations within the state. As a result of the last conference and a recent business meeting, the structure of the coalition has been reorganized and the coalition is now focusing on setting up a regional network of pro-solar groups within the state.

The Florida Solar Coalition is dedicated to promoting the use of renewable energy sources, conservative utilization of all energy resources and the implementation of all appropriate technologies. The overall objectives of the organization are:

- To motivate people to seek solutions to our impending energy problems;
- To develop policy statements on various energy issues in order to encourage actions by government, businesses and individuals which will minimize the impact of rising energy costs;
- To encourage educational activities covering appropriate energy utilization and appropriate technologies and to inform members of how to take advantage of these;
- To encourage, advise and assist members in carrying out energy conservation/solar projects;
- To establish a staff for coordination of activities, business of the coalition, and possibly in the future for lobbying purposes.

The coalition will focus on identifying issues which demand attention, such as: conserving community design or redesign, construction or retrofitting of existing buildings, informing local governments of assistance, utilization of wastes and recycling, and examples of locally appropriate technologies. The Florida Solar Coalition will identify successful efforts which might be copied or adapted for use in Florida. Duplication of efforts by members should be reduced by coordination of their activities. The coalition is putting together a list of resource people which includes educators, engineers, architects, solar equipment manufacturers, and others who are willing to share their expertise.

Through a newsletter and workshops, the coalition will make members aware of issues which require action or offer promise — these may include energy-related activities of member organizations; news, research and design projects; and other items of interest to the membership, such as grant programs which could finance small-scale research by individuals.

Individuals may become members of the coalition by sending \$10 per year to Florida Solar Coalition, 400 Courtland Avenue, Winter Park, Florida, 32789. Make checks payable to Florida Solar Coalition.

In the Tallahassee area the regional coordinator for the Solar Coalition can be reached at 1-875-2625, or at the Leon County Food Co-op on Thursday afternoons — come by or call 222-9916, and ask for me, Steve Leitman.

The initial task I'd like to perform as coordinator is to better coordinate the network of people currently working on appropriate, technology-oriented projects. Eventually, I would like to publish an "appropriate technology sourcebook" for North Florida so we can all know who's doing what and thereby cease recreating the wheel.

If you're interested in helping to produce such a sourcebook, or are interested in placing energy towards the promotion of AT and alternative sources of energy, please write to me at Rt. 3, Box 158, Quincy, Florida, 32351 or call the above numbers.

It should also be noted that the DOE Appropriate Energy Technology Grants are now available from the Governor's Energy Office. The application deadline is the end of April, so hurry. For further information, contact Ms. Barbara Browne at 488-6146, Governor's Energy Office.

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# Women's Week is Coming!

## SCHEDULE

The FSU Women's Center's annual Women's Week celebration will be held April 13 through 19. Women's Week was originally established to accentuate women, their accomplishments, and their struggles in society. The program for this year's Women's Week will emphasize women's health, art and politics. Below is a short description of the week's events:

### Sunday, April 13

**Women's Week Run:** a 5000 meter and 1 mile Fun Run through the university. T-shirts will be awarded to all participants and prizes given to the top finishers.

**Women's Open Mike:** located in the DownUnder on Sunday night. Poetry, music, etc., by any community women wishing to participate.

Call Women's Center for more info on both these events — 644-4007.

### Monday, April 14

Barbara Seaman, one of the founders of the women's health movement, will lecture at 8 p.m. in 201 Diffenbaugh. Seaman has written many articles and several books about the dangers of hormonal drugs on women. In her book, *Women and the Crisis in Sex Hormones*,

she describes what these drugs are, what they can and cannot do, why they are dangerous, why some doctors prescribe them freely and why the FDA has failed to act responsibly in this crisis.

### Tuesday, April 15

Alix Dobkin and Deslow Brown will give a lecture and visual display on the topic "Woman-hating, Racism, and Other Themes in the Top 40 Music," in Room 126 Bellamy at 7:30 p.m. Dobkin has written, produced and performed Women's Music since 1972. Brown has been a feminist activist for over six years and has led workshops on pornography, incest, rape, domestic violence, self defense and consciousness-raising.

### Wednesday, April 16

Karen DeCrow, former president of NOW, will speak in the Chemistry Lecture Hall at 8 p.m. She's a leading feminist attorney and author of several books including *The Young Women's Guide to Liberation and Sexist Justice*.

### Thursday, April 17

Robin Morgan, one of the foremost author-poets in the feminist movement, will speak in the Chemistry Lecture Hall at 8 p.m. She is the author of several books including *Going Too Far*, and edited *Sisterhood is Powerful*.

### Friday, April 18

The Chilean poet, Cecilia Vicuna, will lecture on her art and poetry, time and place to be announced. Vicuna is a social organizer of women's paintings and has had several exhibits in Europe. (see accompanying article.)

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*Women's Week is being sponsored by the Women's Center, CPE, Student Government, and Co-op Books.*

## Chilean Artist- Cecilia Vicuna

by Eugenie Nable

On Friday, April 18 at 7:30 p.m., Chilean artist Cecilia Vicuna will show slides of her work that are synched with Chilean music and poetry. She will also discuss socio-political conditions of women in Chile and Latin America.

Born in Santiago and educated at the University of Chile and the Slade School of Fine Arts in London, Vicuna now resides in Bogota, Colombia, where she settled after Allende's demise.

Vicuna's paintings possess a primitive power that speaks directly to the feminist/socialist upheavals occurring at every personal/political level of world culture. Paintings such as "Lenin," "El

exhibitions in Chile, London, Venezuela, Washington D.C., San Francisco, Denmark, Berlin, and Colombia. She is also one of the founders of the London-based organization, "Artists for



Democracy". She recently published a chapbook of poetry entitled *Siete Poemas* and will read some translated poems on Friday evening along with her lecture and slide presentation.

Through her art, Cecilia Vicuna expresses the indomitable spirit of the Indio-american people who are part of a world struggle to create some positive changes on planet Earth.

*"...Cecilia Vicuna expresses the indomitable spirit of the Indo-american people who are part of a world struggle..."*

angel de la menstruacion," "La muerte de Maiacovsky," "Violeta Parra," "Fidel y Allende," or "El Frente Cultural," demand our complete involvement with their eclectic combination of traditionally "untouched" subject matter and bold style. Much of her work is influenced by the anonymous murals of the Chilean barrios, the intricate "neighborhood" art painted on the walls of buildings. The influence of indio/catolica poster art can also be seen in her work.

Vicuna has shown her work in numerous individual and collective

## Robin Morgan, Feminist Theorist

by Ronda Hanson

*Robin Morgan has been causing trouble for a long time now. I find her a joy and an inspiration to read. In trying to write this article about her (an introduction of sorts before her arrival during Women's Week), I found her own words to be so much more incisive than any paraphrase that I could concoct, that I have decided to simply present a collage of quotations from her most recent book, Going Too Far.*

*Like many women with a radical vision, Robin Morgan involved herself in the whole gamut of progressive causes championed by the New Left in the mid- to late sixties. She deepened her radicalism as she emerged into feminist consciousness and participated in the mass exodus of women from male-dominated Leftist groups. Fed up with the macho posturing of men intent upon saving the world while expressing various levels of contempt for the actual women around them, Robin Morgan was in the forefront of the move to develop and nurture an autonomous women's liberation movement. Much of the early part of her book, Going Too Far, was spawned during this period of intense personal and political struggle with marxist politics. Of this period she says:*

*"For me, the task was never one of retrenching from the radical analysis of the New Left; it was simply to go further. "Too far," said Leftist men, for obvious and shameful reasons unable to admit the failure of their politics and practice in recognizing the very center of the problem: sexism — because that recognition would in turn uncover the very heart of the revolution: feminism. What remains of the Left still seems unable to admit this. Naturally, the weary rhetoric has been stretched a bit to include a new "constituency," and what was called "the woman question" is granted the pretense of an answer, albeit an answer laughable to feminists.*

*Yet if one is to acknowledge fairly all the factors in one's growth, and to attempt doing so with love (since to do other is merely to have contempt for one's own past self, an unnecessarily severe judgement which can only embitter one's present) then it is important for me to say that I, arch-critic of the sexist American Left who take back not one breath of my denunciations of that masculinist movement, nevertheless preserve in my heart an honorable loyalty to what we all — women and men alike — hoped to stand for then, and to our courage and idealism and innocence. We changed something in this country, in this world, for the better. And if I feel ashamed of how that movement perforce failed because of its narrowness, its sexism; and if I feel righteously justified, as a woman and a feminist, in its consequently inevitable failure; I can still feel proud at having been a "child of the sixties," at having shared in all the tantrums — and in all the outrageous beauty."*

*In Going Too Far, Robin Morgan chronicles her life as a feminist, an activist, a mother, a lover, throughout the past ten years. Her subjects range from the highly personal correspondence with her husband and child, to bombastic political tirades, to whimsical satire of feminist process, to metaphysics. As I listened to her story, I heard my own voice at moments. Truly, this book is as close as the written word can come to that nucleus of feminist spinning, the consciousness-raising session, where women speak the truth about ourselves and thereby understand each other and the world. For truth deeply felt and deeply spoken has the spark of the universal within it.*

*It is a relief to know that Robin Morgan developed these insights slowly and painfully (as we all do), and the contrast between some of her earlier writings and her more recent work is mind-boggling and funny and exciting ("if she can change that much, well then, so can I").*

*At this time in history, when so many people are so smugly ignorant of the truly radical nature of feminism ("you must be for the ERA," we hear from the middle-of-the-roaders; "you are man-hating baby-killers," we hear from the Right; "you are bourgeois, reformists who are just after a piece of the corporate pie," we hear from the Left), it is deeply satisfying to read her sensitive treatment of the ambiguity and scope of the feminist sensibility. And just what is this feminist sensibility? It is nothing less than an entirely revolutionary perception of reality. It is politics, culture, love, theory, ecology, cosmology, all brought into a new relationship and played in a new octave. It is both healing and destroying — holistic and separatist.*

*Morgan, like other visionaries of our time, understands that the power of women rising at this point in the evolution of our planet is more fundamental and cosmic than any mechanistic, "let's replace one set of rulers (read:*

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patriarchs) with another" revolution. This change that is upon us now is a transformation in our psychology, not only as individuals, but as a species. And Robin Morgan has named this concept "metaphysical feminism":

"...the insistence on 'going too far,' the refusal to simplify or polarize, the insatiable demand for a passionate, intelligent, complex, visionary, and continuing process which dares to include in its patterns everything from the scientific transformation which stars express when they nova, to the metaphorical use of that expression in a poem; a process which dares to celebrate contradiction and diversity, dares to see field-daisy as miraculous, each pebble as unique, each sentient being as holy."

The central sustaining core of the feminist vision is being sung by this brilliant poet and common woman:

"But it is in my blood, and I love it, do you hear? I know that women's consciousness and our desire for freedom and for the power to create a humane world society will survive even the mistakes the Women's Movement makes — as if feminism were a card-carrying nitsy little sect and not what it is, an inherently radical and profound vision of what can save this planet."

But she realizes, as she develops her own strong, clear voice, that the Left is an easy and feeble target, not even worthy of her energy and she begins to sing of radical feminism, a song of affirmation:

"I call myself a radical feminist, and that means specific things to me. The etymology of the word "radical" refers to "one who goes to the root." I believe that sexism is the root oppression, the one which, until and unless we uproot it, will continue to put forth the branches of racism, class hatred, ageism, competition, ecological disaster, and economic exploitation. This means to me that the so-called revolutions to date have been *coups d'etats* between men, in a half-hearted attempt to prune the branches but leave the root embedded — for the sake of preserving their own male privileges...I think our feminist revolution gains momentum from a 'ripple effect' — from each individual woman gaining self-respect and yes, power, over her own body and soul first, then within her family, on her block, in her town, state, and so on out from the center, overlapping with similar changes other women are experiencing, the circles rippling more widely and inclusively as they go. This is a revolution in consciousness, rising expectations, and the actions which reflect that organic process."

Her process echoes and reflects the process of thousands of women the world over who know that something is brewing. When we began to speak of this transformation, they call us witches, madwomen, dykes; they are afraid. And rightly so. This evolution will not be easy. We have not collectively experienced anything of this magnitude for thousands of years. The knowledge of these possibilities has been almost totally obliterated. It survives in myths and parables. I am talking about love. Yes, feminists know about love. More than most people would ever dream we know...and Robin Morgan speaks of this inner mystery of the feminism that so few can imagine;

"All women have a right to each other as women. All women have a right to our sense of ourselves as a People. All women have a right to live with and make love with whom we choose when we choose. We have a right to bear and/or raise children if we choose, and not to if we don't. We have a right to freedom and yes, power. Power to change our entire species into something that might for the first time approach being human. We have a right, each of us, to a Great Love.

And this is the final risk I will take here today. By the right to a great love, I don't mean romanticism in the Hollywood sense, and I don't mean a cheap joke or cynical satire. I mean a great love — a committed, secure, nurturing, sensual, aesthetic, revolutionary, holy, ecstatic love. That need, that *right*, is at the heart of our revolution. It is in the heart of the woman stereotyped by others as being a butch bar dyke who cruises for a cute piece, however much she herself might laugh at the lesbian couple who have lived together for decades. It is in their hearts, too. It is in the heart of the woman who jet-sets from one desperate heterosexual affair to another. It is in the heart of a woman who wants to find — or stay with — a man she can love and be loved by in what she has a right to demand are nonoppressive ways. It is in the heart of every woman here today, if we dare admit it to ourselves and recognize it in each other, and in all women. It is each her right. Let no one, female or male, of whatever sexual or political choice, dare deny that, for to deny it is to *settle*. To deny it is to speak with the words of the real enemy.

And she is coming. Not that there aren't women in this community at this very moment who could speak these very truths. But sometimes it takes someone from afar with an unfamiliar face to reach those minds previously closed. And it certainly doesn't hurt if she's a poet to boot!

CPE is offering a course on Robin Morgan's book *Going Too Far*, this spring. The course will meet for four weeks, during which time there will be a discussion of the various parts of the book. It begins on Tuesday, April 8 at 8 p.m. in the United Ministries Building. The book is available at Co-op Books.

Articles on these two pages coordinated by Sherry Rauch.



## Robin Morgan: Reshaping Our Lives With Language

by Laura Newton

*"To exist humanly is to name the self, the world and God. The method of evolving spiritual consciousness of woman is nothing less than this beginning to speak humanly — a reclaiming of the right to name. The liberation of language is rooted in the liberation of ourselves."*

—Mary Daly

Robin Morgan is a feminist, a theoretician and a poet who uses language to describe, reclaim and redefine the world so that it can be a viable ground for women's lives and ultimately, for all life. Morgan is a maker and a sayer of woman's culture. Morgan's poetry exemplifies what Mary Daly, philosopher, describes as the "potential of the woman's revolution to transform human consciousness and its externalizations, that is, to generate human becoming."

In *Lady of the Beasts* Morgan reclaims woman's ancient power and celebrates the reemergence of her power in modern life. In "Love Poem of the Calendar Alphabet," Morgan creates a modern version of the ancient Celtic Beth-Luis-Nion Tree Alphabet. While the structure of the poem reunites us with the values of the old alphabet, the words speak to our intuition, timelessly, of the passage of life and love. From the beginning, "Birch-bright are these bodies/cradling our newborn selves..." to the end/beginning:

*"Joined at such a height,  
we gaze at one another  
undisguised —  
this risk dangerous as a fall  
toward no uncertain ground"*

In one of my favorite poems, "The Pedestrian Woman," Morgan celebrates the everyday aspect of woman. In this poem, we see a woman much like ourselves, performing the daily tasks of her life.

Morgan asks us:

*"And can you see what vision  
fires its shape in her sleep's kiln,  
what passion, irony and wit,  
what love, what courage  
are disguised  
in all her daily movements?"*

Ordinary is a word that has no meaning.

Morgan describes this woman's life as being like a fine piece of Japanese pottery, with a dull sienna clay exterior and an interior of high-glazed hyacinth blue that is breathtakingly beautiful. What Morgan is reclaiming here is not only the word/concept of *ordinary*, but also the whole idea of what is valuable in our lives as women. She redefines woman/life with this beautiful image of pottery which is valuable, highly crafted and extremely useful.

In "A Ceremony," she describes what loving support between two women can create. "It was simply that we had been spoken of by others/for so long, and now we spoke ourselves,/uttering a silver ring, a silver pentacle/a cup of wine spilled carefully."

A very integral part of this celebration of women's lives is the recognition and validation of the real grief, violence and contradiction in women's lives, in life itself:

*"Love, we maintain, is more than theory,  
is incorrect, absurd, miraculous, a contradiction,  
senseless, intricate, murderous —  
a mystery."*

The magnificence of the ordinary woman's life is that what she does requires incredible resilience, constancy and perseverance. Much of what Morgan accomplishes in the process of taking control of the naming of our lives is based on first giving credence to what has been the real nature of our experience as women living in a culture dominated by mutilated, dualistic language.

Language has been used to shape our attitudes and our culture's attitude towards us. We must learn to use the tools we have, and in language, the tools are words. Language has a profound effect, and by reclaiming language we become the makers and sayers of our own definitions and processes, we reshape and heal our lives, perceptions and relationships.

As Morgan pointed out in an interview I read a few years ago, when people begin to create or regain their own culture, there is no stopping them. Through art, feminist literature, music and visual arts, we form a voice, a language, that is our own. That voice can describe the pain and the beauty as we perceive it; and create the possibility of life as we want it to be.

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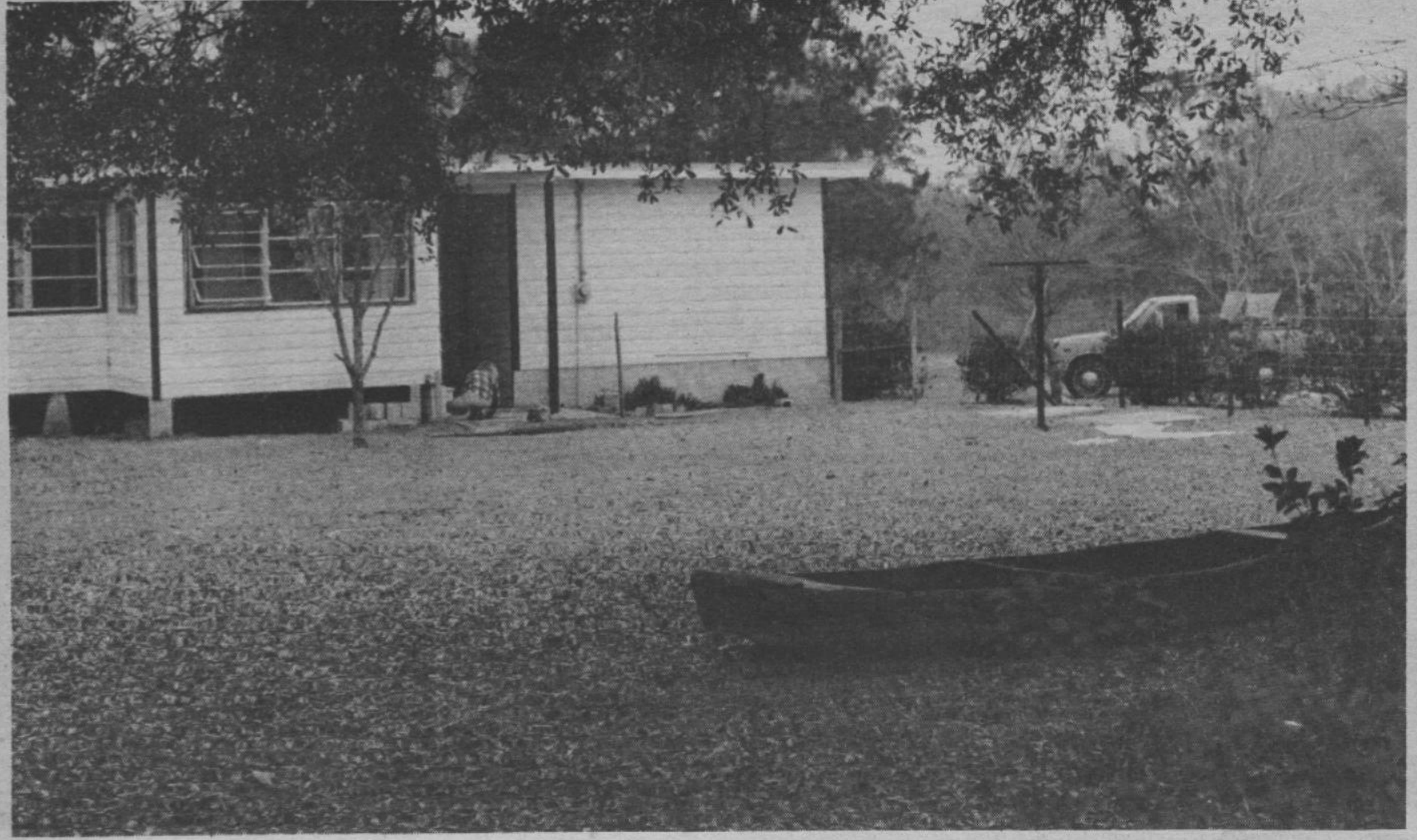
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*Bobbie Anthony, left, is an aide at the new childcare center, above.*

## Miccosukee Community Child Care Center

*interview by Suzanne Schafer*

*Miccosukee is a Southern rural community populated primarily by poor black folks, people who for generations have earned their meager incomes by working on local plantations. Most of these people are locked into the socioeconomic cycle of poverty and inadequate education. Children grow up in large families with no money. Without the social and language skills that they need before entering the public schools, they are unlikely to break the cycle through education.*

*There has never been a childcare center in Miccosukee. For the first time, low income residents of Miccosukee will be able to afford quality daycare for their children while they work. For the first time, a large number of children in Miccosukee will have the opportunity to gain these essential skills.*

*The center exists largely as a result of the efforts of Wayne Watkins, now its director and head teacher.*

*I talked with Wayne at the childcare center in the days just prior to its opening. Rarely did he stop working as he shared information about the project as well as his thoughts on childcare, work and cooperativism.*

*Helen Felsing joined us toward the end of our conversation. Helen has also been putting a tremendous amount of energy into making the center a reality, and she was there right along, picking up the slack whenever Wayne sat down to talk.*

*The Miccosukee Community Child Care Center is located on a lovely 10-acre lot about 15 miles east of Tallahassee (on Highway 90 a mile or so past Baum Rd. on the left; phone number is 877-1765).*

*The nearest neighbors are some noisy cows. The quiet air feels alive. It is an exciting time in Wayne's life, and an important time for Miccosukee. This is a good feeling place.*

...

*Q: How old is the idea of a childcare center in Miccosukee?*

**Wayne:** The talking days go back about ten years; the doing days about three. In 1975 some students of Gerry Brudenell's in the early childhood education program at FSU were doing volunteer work in the classrooms at Concord School. They saw the need for a childcare center because the kids were coming to school not having any skills at all. That's when everybody started talking about it. Two years later, one of those students, Jim Dodd, became a VISTA volunteer and his job was to set up a community school. The next year, when Concord was designated a Community School and Jim became director, he and Gerry started the first attempts at childcare.

Working with Title I funding through the county school system, a preschool was set up at Concord School with language development as its main concentration. That was like a last-ditch effort since no other funds were available. It wasn't really childcare; the hours were only 9 to 3, but at least it was something. It was a successful program; the kids got a lot out of it.

*Q: Where did your own involvement begin?*

**Wayne:** From the fall of 1975 until June of '78 I was working at Creative Pre-School. I had been in that same class at FSU with Jim Dodd so I was aware of the efforts that were being made in Miccosukee. Last April (of 1979) when I was

looking for something to do, I called Jim from California to find out what the story was with the preschool program. He told me that it was going on at Concord, but that there was a waiting list and no one was really working on childcare. So he offered me a place to stay at his house. I came back with the specific purpose of setting up a childcare center—of setting up *this!* Now it's happening . . . it's hard to believe.

I started volunteering at the preschool, doing some work for the community school, and figuring out how to organize for the childcare center. When summer came, I got a job as recreation director for the city recreation program for six- to sixteen-year-olds in Miccosukee. That was a good way to meet people in the community and to become known and trusted myself. When that program ended, we started organizing the childcare center.

We registered as a non-profit corporation in September of '79, found nine people who were interested in being on a board of directors, and held a board meeting. There were people who knew a lot about child care, but none of us had ever set up a center before, or served on the board of directors of a non-profit corporation. They hired me as director with the understanding that I would work as a volunteer until we got the center set up and running, and then I would receive a



*Helen Felsing*

salary. We approved our first budget projection, and they sent me off to do it. I started visiting around to find kids who were in need of child care. There's never been a childcare center out here, so it's been a real educational process for the community about what child care is all about.

*Q: How will the center be funded?*

**Wayne:** We haven't had any money. Copying costs, phone calls to the IRS and things like that were paid out of people's pockets. We've had a commitment from Big Bend 4-C\* to fund a certain number of spaces in the same manner as they fund any spaces in private centers.

They will fund one-third of the spaces at the center. Theoretically, those other

“...the whole thing was set up because there were low-income people in need of childcare.”

spaces are filled by paying, private clients.

*Q: How many children will you have at the center?*

**Wayne:** When we open, we'll be licensed for 45 kids. The 4-C has agreed to fund ten or twelve of those spaces, initially. Ultimately, they won't fund more than fifteen. This still falls short of what we've identified as people in need of child care with assistance.

Our policy is to accept anyone into the center regardless of their ability to pay...  
...the whole thing was set up because there were low-income people in need of childcare. Obviously we cannot realistically take a bunch of free clients because we couldn't afford to run. So we will fill those 4-C spaces, we'll try to attract as many private clients as we can, and we'll take as many low-income kids above that 4-C allocation as we can afford. We're looking for scholarship money to fill the needs of those families who cannot share in the limited Title XX funds.

*Q: Do you anticipate any problems attracting private clients?*

**Wayne:** We've got a nice facility here... it's a perfect place... the program here is going to be excellent. There's not going to be anything around that compares to this. When people see what we've got here, if program, facility and good care matter to them then they will come here. The question whether they'll come soon enough to keep us going or not. We've gotten this far without any money... that's the thing that's been most incredible. We've been striving to get startup money to get us going until everything else starts coming in.

We've whittled everything down to \$3,528; with that amount we can run for two months, paying the bills. But that still has not come. We've been to the big churches in Tallahassee. We've been trying to work with the county to get in on a Federal Community Development Block Grant, but right now that looks doubtful, so we're not counting on it. The biggest things happening with funding presently are the efforts being made right here in Miccosukee by community groups to raise money for us. We have a lot of needs. Certainly our financial needs are great. We can use volunteer help as well as other types of contributions.

*Q: Talk about the program you plan to have—what kind of childcare center is this going to be?*

**Wayne:** My whole orientation to child care is educational from start to finish. I don't mean that everybody sits down at a table and learns to read and write at age three, but in everything that we do here, we'll be learning something—from greeting each other in the morning, to eating meals, to playing outside... a lot of time will be left for kids to discover, to make decisions, to express themselves verbally. A lot of the program will deal with language development, with experiences outside just this community, with enhancing self-concept, especially with decision making and carrying through with those decisions.

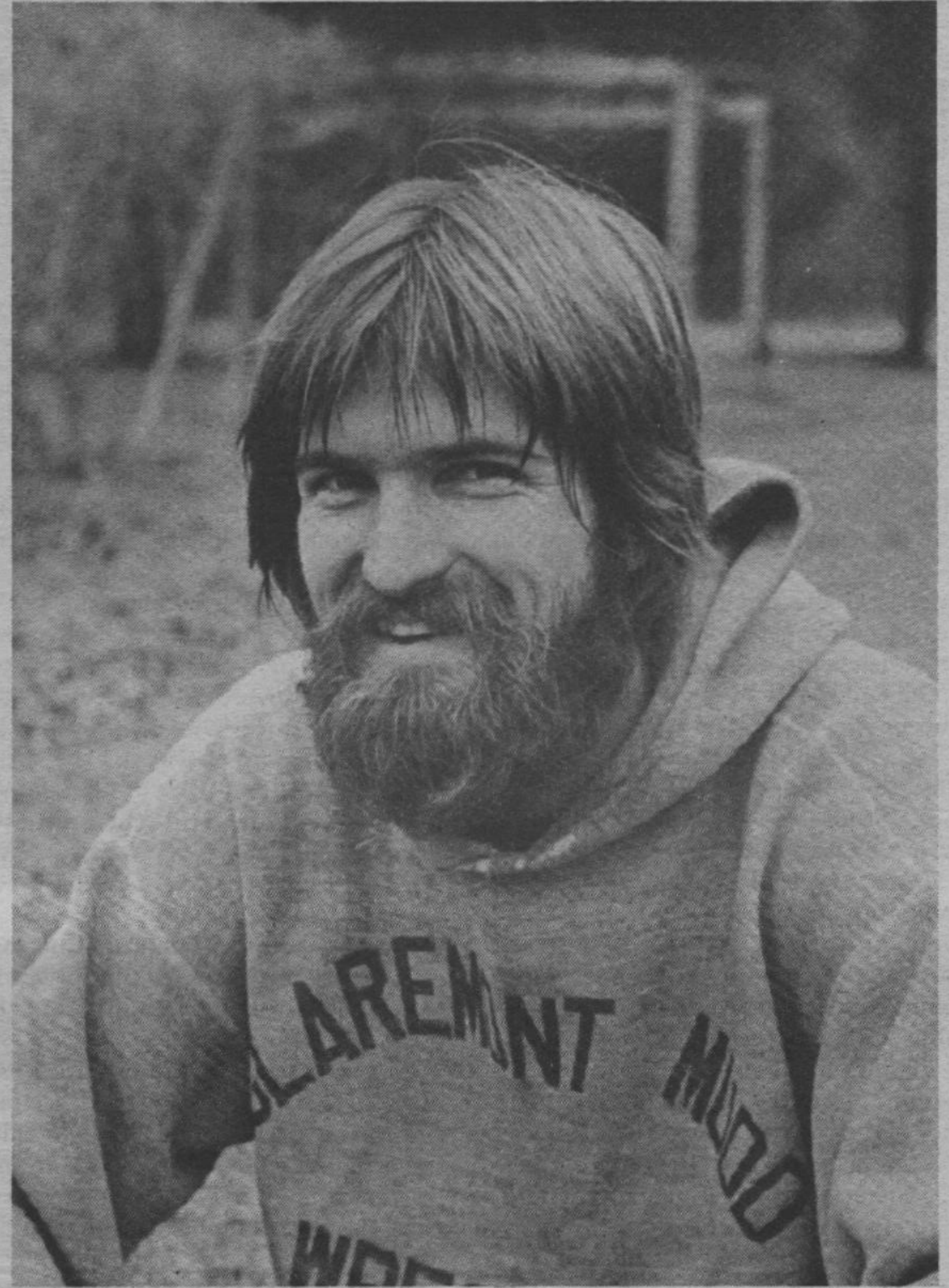
The way the public schools are set up... kids don't learn to make decisions, and that seems to be something that is learned. Starting out with limited choices which gradually become more complex, the child can learn to make decisions and be capable of handling non-directed situations.

*Q: Self-concept is a basic priority for young children. How do you deal with, say, a four-year-old who is one of six children in a family where there's not enough space for all of them to sleep or money for all of them to eat—a child who has essentially been in the way ever since she or he was born? How do you begin to develop a positive self-concept in that child?*

**Wayne:** Every time you speak to him you say his name—that is a big thing in itself. Every time she accomplishes something, every time she puts two blocks together as a building: “You did it! You built this!” Attribute it to him when he does it. You put her name on her locker and draw attention to it all the time. Sing songs with the children's names in them. Their space, their name, their accomplishments—they start out small, like the two blocks together, and they just get bigger. You have to look for those little things. But once you do, then you can see his face light up just a little bit, then you know it's coming.

*Q: I guess the easiest way to ask this question is, simply, why are you here?*

**Wayne:** A great deal of the philosophy of my life came from the “love and peace” talk of the sixties. And that's pretty much what I operate on. I'm doing what I'm doing because I believe we should help our brothers and sisters and work together. Now there's a lot of opportunities to do that, but a lot of them involve helping and working together with people that are of the same mind as we are. For instance, the co-op network of the Tallahassee community is a beautiful example of lots of brothers and sisters working together. But, for the most part, it's made up of people from the same socioeconomic level who have the same political philosophy. And that's OK, but the people who *need* a co-op grocery are the people who don't really think in terms of working in a co-op manner. These poor people out here that can't afford the prices of these little stores, much less the prices of Publix, are the people that need a co-op grocery. But it would take a lot



Wayne Watkins

photos by Burt Davy

“...the people who *need* a co-op grocery are the people who don't really think in terms of working in a co-op manner.”

more work, and a lot more chances to try to put a part of the Leon County Food Co-op out here in the middle of Miccosukee. Because it would involve a whole educational process. It would involve what we're doing here.

This is definitely not the only way. There is room for working together in the now-existing co-op community as its boundaries lie. But there are so many resources there—so many people who know so many things, it just seems like it should be opened up more and its boundaries expanded. And the rewards for that seem to me to be a lot bigger when the needs are greater and you work to fill those needs.

Few people who will be using this place understand yet why I've been working out here eight months for free. Because many of them have never had an opportunity to have the choice to work for free.

**Helen:** We can afford to choose to work for free for a few months even if we have no money because we know that when we're ready to go earn money we have skills and we know how to seek out the opportunity, which is not at all the case with a lot of people out here... they barely know how to seek out child care.

**Wayne:** All of the philosophies that are involved in stopping the nukes... people before profits... it's fine to take care of us middle-class white folks before profits—but we've also got to think about the low-income folks. They are the ones who are *really* getting screwed by this profit.

This is why I came back from California. The people I came into contact with out there didn't need the things that I could do... people who really need the childcare centers, who really need the co-ops, who really need transportation systems—that's where I should be working. That's where I should be giving my work for free—where those basic needs are at...

**Helen:** People work together to build their houses around here, and that's great, but once you have your house, it's just you... We walk around this place and we feel like it's ours, but not just ours. We feel like we're setting it up for all these other people who will feel like it's theirs, too. So it's this ongoing thing—it's more alive.

**Wayne:** It's harder, because then you've got to deal with other people's attitudes and other people's lifestyles—but, it's possible! You've got to take some risks...

\* 4-C is the administrative agency in Leon County for federal Title XX funds for child care. 4-C operates four day-care centers for low-income families, and also provides funds whereby eligible children may attend private centers. This is known as “slotting.” 4-C registers qualified families and pays for all or part of their childcare costs.

# political agriculture

## The Seeds We Sow

by Steve Leitman



The federal government is currently considering amending the Plant Variety Protection Act to include tomatoes, carrots, okra, peppers, celery and cucumbers.

When first hearing of this, I thought this was good news since the many varieties of these plants would be preserved to enhance genetic diversity. Guess again. What the Plant Variety Protection Act does is authorize companies to patent seeds.

The end result of such a program in Europe has been a catalog which lists those vegetable varieties it is permissible to grow and whose seeds may be sold. Seeds of varieties not listed cannot be legally sold.

If the vegetable is one that cross-pollinates, an unlisted variety cannot even be grown by the backyard gardener whose plot lies near commercial production of that vegetable. Can you imagine being busted for having five pounds of tomatoes?

In summary, the European experience with plant patenting creates genetic islands around patented varieties to reduce ownership challenges in court. Dr. Erna Bennett of the Crop Ecology and Genetics Unit of the United Nations Food and Agricultural Organization in Rome estimates that, "by 1991, fully three-quarters of all vegetable varieties now grown in Europe will be extinct due to attempts to enforce European plant patenting laws," which, incidentally, were adopted ten years before U.S. law.

Even the most casual student of ecology understands that greater diversity in the gene pool implies a higher probability of survival over the long term.

So, the purpose of this inaccurately-named law is to protect the plant breeders' "rights," not the plant. What else is new? More specifically, its purpose is to protect the investment of the companies active in plant breeding and to insure their control over the marketing of new varieties.

So, I thought, at least the seed companies are smaller, family-run

operations which would tend to have more integrity and awareness. Well, here was my second wrong guess. Burpee Seeds are owned by I.T.T.; Northrupp-King by Sandoz; Ferry-Morse by Purcx; Asgrow Seeds by Upjohn; Agropuro, Inc. by Shell, and Ring Around Products by Occidental Petroleum.

In all, I found reference to over 50 small seed companies which have been taken over by multi-national corporations. This takeover brings up several interesting questions such as, what is the relationship between the Plant Variety Act and the seed company takeovers? How will this situation affect seed prices?

These questions are especially relevant to seed company takeovers by the petro-chemical industry (the manufacturers of pesticides and fertilizers, remember?) The possibilities are downright scary.

Proponents of the Plant Variety Act offer two major reasons for their position. First, they claim, plant breeders have a right to patent their new "inventions". Even if their "invention" is just a minor change to a new seed which hundreds of generations of people have domesticated for thousands of years? What kinds of "rights" are to be afforded to rural Americans and people of developing countries who are maintaining and safeguarding genetic material of every major food crop on the world — genetic material used by plant breeders to develop new material?

Do the rights of plant breeders supersede the rights of the public to have the genetic wealth of our agriculture safeguarded and the future of agriculture secured?

The second major reason proponents of the amendments cite for support is the claim that the amendments will encourage the development of new varieties. However, studies have shown that for tomatoes and some other crops, the development of new varieties has actually caused the genetic resource

continued page 15

## Return of the Small Farmer

by Ron Miles

Radical Agriculture seeks to restore humanity's sense of community: first, by giving full recognition to the soil as an ecosystem, a biotic community; and second, by viewing agriculture as the activity of a natural human community, a rural society and culture.

Radical Agriculture offers a system of recolonization of the land along ecological lines.

The farmer is not a factory worker. She or he is the trustee of the life of the topsoil, the keeper of the rural community.

As we begin the decade of the '80s, how many of us have considered the future of our food supply? As the '70s leave us, so do a lot of other things that affect us directly or indirectly, depending on our situation. The realization that the great Agribusiness Green Revolution might soon be coming to its trying times is what the '80s might have in store for us.

As large food corporations continue to rape the land of every living thing on their vast farms, the possibility of a food shortage becomes more real. The overuse of fertilizers has burnt the earth to a desert-like condition. Our topsoil is depleting at a rate of 5-6 bushels for every bushel of corn, grain, or beans produced. The constant pounding of the soil by heavy machinery has broken even the most productive farmland down over the last few years.

By breaking down the corporate food system, we find some interesting things. Agribusiness plants its large land holdings with its own tractors, fueled by its own

gas, sprayed by its own pesticides. Its entire crop is harvested, processed with its own food additives, then sold through its own marketing system. By having this much control over the production of food, Agribiz is forcing the independent farmer to be paid less for the food than the package it's sold in. The food might be pretty and neat in the store, but how can you call it food after all it's been through without being touched by human hands?

Striving to break away from the corporate food system and become aware of the need for locally-grown food should be our goal of the '80s.

If you've never planted a garden before, share the experience with someone who has. Get that taste of fresh-grown food stuck in your mind. The rest doesn't make it once you get started producing your own.

As the Garden Committee prepares for the years ahead, we're hoping that you'll join us on our search for independence as food supply becomes shaky.

One of our goals is to merge local small farmers into a co-op effort to help grow produce to be sold at the food co-op. We are also doing research on season extenders and the importance of getting people to grow their own food and help produce food for others. Our main goal is to supply fresh produce on the local level and to help bring this food to the inner city where poor people and people who can't drive us to the shopping centers can get it fresh and at a fair price.



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# Perry, Fla. vs. Ray Meeks: Racism Hasn't Gone Anywhere

by Margie Menzel and the Clearinghouse Staff

Ray Meeks received a temporary stay of execution from the Florida Supreme Court on February 11, shortly after a rally in Greensboro, North Carolina, was held to protest the slayings at an earlier rally by members of the Ku Klux Klan.

The connection between these events is the very real evidence that undiluted racism continues to exist in the South and in our very community, despite our wish to believe in ghosts of Reconstruction and the '60s protests.

In January, the Clearinghouse on Criminal Justice conducted an investigation of racial discrimination in Perry. During that time, two black law students and a black investigator from the Clearinghouse were denied entrance into a bar in Perry. Further investigation revealed that almost all of the bars in Perry were segregated, with regular bar space for white people and small, utility rooms furnished with crates and tables for black people who must enter through the back door. The disparity of services between the black community and white community in Perry is so blatant that an unequal services suit has been filed against that city.

The Ku Klux Klan is active in Perry. One Klan member owns and operates a service station that is located right across the street from one of the black neighborhoods. The Perry Chamber of Commerce gives out one Klan member's name as the local Klan contact, although they deny that the contact person is an actual member of the Klan.

There was a Klan membership drive as recently as February 1979, and over 100 people turned out for a Klan march and rally in Perry in 1975.

There are no black people in elected office in Perry, and only one black man has ever run for public office. In the Perry school system, an overwhelmingly disproportionate number of black students are suspended from school, enrolled in special education

classes for educable mentally retarded, referred to alternative education programs for disciplinary reasons, and referred to the courts. There are no black children in the Taylor County Gifted Program, while there are 64 white children in that program.

...

Ray Meeks was tried and convicted of murder in Perry, Florida in 1975. The major issues in his case are the blatant discrimination that exists against black people in Perry and ineffective assistance of counsel. The courts have been unsympathetic to both of these issues,

despite the awesome number of facts supporting these claims:

- Ray Meeks' court-appointed attorney never asked for a change of venue for the trial despite the legacy of discrimination against black people in Perry;

- Meeks' attorney never objected to the systematic exclusion of black people from the jury because they voiced moral opposition to the death penalty;

- Meeks' attorney never contacted Meeks' family in Darling, Mississippi to investigate his background, nor did he make any other effort to collect information about Ray's past;

- Meeks' attorney never called any witnesses to testify on Ray's behalf during the sentencing phase of the trial.

The most glaring example of the ineffectiveness of Meeks' counsel at trial was his refusal to ask for a change of venue.

Perry is a community that has a long and turbulent history of racial discrimination.

Racism hasn't gone anywhere. It's merely changed tactics. As Douglas Ray Meeks' sister wrote to the governor, "Douglas Ray could never understand why we couldn't have a bicycle or food or a nice place too, like people."

Like people.

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- ★ FSU—Academic Departments
- ★ Bill's Bookstore
- ★ Other Bite Salon
- ★ Stereo Sales
- ★ Tallahassee Camera Center
- ★ Robby's Sporting Goods

### ACADEMICS

Course	Day/Time
A-1 Sign Language	T/TH— 5:30- 6:30
A-2 History of Florida Indians	T— 7:30- 9:00
A-3 Poetry	T— 7:30- 9:00
A-4 Creative Writing	T— 7:30- 9:00
A-5 Gynecology	T— 8:00- 9:30
A-6 Nutrition	W— 7:30- 9:00

Students \$15 Non Students \$20

### ARTS & CRAFTS

Course	Day/Time
AC-1 Graphic Design	T— 6:00- 8:00
AC-2 Drawing/Painting 3/D	TH— 7:00- 9:00
AC-3 Watercolor	W— 6:00- 8:00
AC-4 Non-Silver Photography	W— 7:00- 9:00
AC-5 Batik & Dye	W— 7:30- 9:30
AC-6 Film-Super 8+	TH— 6:00- 8:00
AC-7 Egg Decorating	M— 7:30- 9:30
AC-8 Beg. Drawing	M— 7:30- 9:30
AC-9 Woodworking	W— 8:00-10:00
AC-10 Jewelry	TH— 8:00-10:00
AC-11 Painting	T— 6:00- 8:00
AC-11A Drawing/Caricatures	W— 6:00- 8:00
AC-12 Beg. Drawing	TH— 6:30- 8:30
AC-13 Inter. Drawing	W— 8:00-10:00
AC-14 Ceramic Sculp.	TH— 8:00-10:00

Students \$20 Non Students \$25

### ALTERNATIVES

Course	Day/Time
ALT-1 Greek/Middle East Cooking	M— 6:00- 8:00
ALT-2 T.V. Production	T— 5:00- 7:00
ALT-3 Stereo Maint.	T— 7:30- 9:00
ALT-4 Chinese Cooking	W— 6:00- 8:00
ALT-5 Wine Appreciation	TH— 8:00- 9:00
ALT-6 Cosmetology	TH— 8:00- 9:30
ALT-7 Radio Licensing	TH— 8:00- 9:30
ALT-8 Passive Solar Homebuilding	Sat— 9:00-12:00
ALT-9 Beg. Astrology	W— 8:00- 9:30
ALT-10 Auto Maint.	T— 7:30- 8:30
ALT-10 2 Sections #1	Sat— 11:30- 1:00
ALT-11 Auto Maint. #2	TH— 7:30- 8:30
	1:00- 2:30
ALT-12 Backgammon	T— 7:30- 9:00
ALT-13 Tarot	W— 7:00- 8:00

Students \$15 Non Students \$20

### REGISTRATION SCHEDULE

Early registration begins  
**Monday, March 10th**  
End-early registration  
**Friday, March 28th**  
9-5, Rooms 336, 318, 312 Union or in the courtyard

### DANCE

Course	Day/Time
DN-1 Beg. Ballet	M/F— 5:30- 7:00
DN-2 Int. Ballet	T— 5:00- 6:30
DN-3 Aerobic Dance	M/W— 6:15- 7:30
DN-4 Aerobic Dance	T/TH— 6:15- 7:30
DN-5 Beg. Cont. Dance	M/W— 6:15- 7:45
DN-6 Jazz Dance	M— 7:30- 9:00
DN-7 Square Dancing	W— 7:30- 9:30

Students \$15 Non Students \$20

### TENNIS

Course	Day/Time
T-1 Beg. Tennis	M— 5:00- 6:30
T-2 Int. Tennis	M— 6:30- 8:00
T-3 Beg. Tennis	T— 5:00- 6:30
T-4 Int. Tennis	T— 6:30- 8:00
T-5 Beg. Tennis	W— 5:00- 6:30
T-6 Int. Tennis	W— 6:30- 8:00
T-7 Beg. Tennis	TH— 5:00- 6:30
T-8 Int. Tennis	TH— 6:30- 8:00
T-9 Beg. Tennis	F— 5:00- 6:30
T-10 Int. Tennis	F— 6:30- 8:00
T-11 Lunch Tennis	T— 12:00- 1:30
T-12 Lunch Tennis	TH— 12:00- 1:30
T-13 Beg. Tennis	Sat— 9:00-10:30
T-14 Beg./Int. Tennis	Sat— 10:30-12:00

Students \$15 Non Students \$20

### LANGUAGE

Course	Day/Time
FL-1 Italian	M— 7:00- 8:30
FL-2 Japanese	T— 7:00- 8:30
FL-3 Russian	T— 7:00- 8:30
FL-4 Spanish	T— 7:00- 8:30
FL-5 French	W— 7:00- 8:30
FL-6 German	TH— 7:30- 9:30

Students \$15 Non Students \$20

### CHILDRENS

Course	Day/Time
C-1 Creative Dance	Sat— 9:30-11:00
C-2 Painting	Sat— 10:00-12:00
C-3 Soccer	Sat— 9:30-11:00

Children \$15

### DRAMA

Course	Day/Time
D-1 Basic Acting	Sat— 10:00-12:00

Students \$15 Non Students \$20



### EXTRAS

Course	Day/Time
A-1* Photography	T— 7:30- 9:00
E-2* Environmental Sculpture	W— 7:30- 9:30
E-3 Canoeing	F— 3:00- 5:00
E-4 Indian Leather/Crafts	TH— 7:00- 9:00

Students \$15-\$20 Non Students \$20-\$25\*

### MUSIC

Course	Day/Time
M-1 Music Appreciation	M— 7:30- 9:30
M-2 Beginning Piano	M— 7:30- 9:00
M-3 Inter. Piano	W— 7:30- 9:00
M-4 Beg. Guitar	M— 7:30- 9:00
M-5 Inter. Guitar	W— 7:30- 9:00

Students \$15 Non Students \$20

### SPECIAL CLASSES

Course	Day/Time
S-1 Study effectively for better grades/habits	Apr. 14, 16 6:30- 8:30 May 19, 21
S-2 Study effectively for better grades/habits	Apr. 15, 17 6:30- 8:30 May 20, 22
S-3 Family Drawing/Painting	Sat— 10:00-12:00

Students \$15 Non Students \$20

### LEISURE

Course	Day/Time
L-1 Aquatic Recreation "Wet Fun"	M— 8:30-10:00
L-2 Soccer	T— 6:00- 7:00
L-3 Billiards	T/TH— 6:00- 7:00
L-4 Billiards	M/W— 6:00- 7:00
L-5 Golf	T— 5:30- 7:00
L-6 Golf	W— 5:30- 7:00
L-7 Wilderness	T— 6:00- 7:30
L-8 Aerobic Exercise	M— 6:00- 7:30
L-9 Aerobic Exercise	TH— 6:00- 7:30
L-10 Basic Self Defense	M/W— 7:30- 9:00
L-11 Racquetball	Sat— 9:30-11:30
L-12 Racquetball	T— 5:30- 7:00
L-13 Racquetball	T— 5:30- 7:00
L-14 Slimnastics	T/TH— 6:00- 7:00
L-15 Slimnastics	T/TH— 7:15- 8:15

Students \$15 Non Students \$20

### REGISTRATION FESTIVALS

**Saturday, April 5**  
10 a.m. - 4 p.m.  
**Saturday, April 12**  
10 a.m. - 4 p.m.  
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# Life on a Bicycle in Tallahassee

by Frank Brown

Bicycling in Tallahassee has several distinct advantages over driving a car.

Although I began using the bicycle as my main form of transportation purely by chance (I was too poor to afford a car, and a friend gave me her old bicycle), I have since discovered that even now, when I can afford to purchase a used car, I don't want to. Whenever I periodically seriously consider buying a car, my friends who own them talk me out of it. I find the bicycle, with a couple of exceptions, to be perfectly adequate for getting around the Tallahassee area.

The advantages as I see them are thus: **They're cheaper:** No gas to buy, no insurance payments, cheaper initial investment, cheaper to maintain; no speeding tickets. **Parking is less of a problem:** Any pole will do; bikes can even be taken inside. **No parking tickets.** **Maintenance is relatively simple and easy to learn:** A flat tire can be patched and back on the bike in 30 minutes — no need to buy a new tire. A snapped cable can be replaced for ninety-eight cents and in about 10 minutes. These and other simple maintenance skills are taught periodically in a CPE class on bicycle maintenance (the class is free and open to the public). **Bicycles are unregulated:** No drivers' licenses, no license plates, no radar traps. On bicycles, speed limits are unnecessary. You don't get stopped for license checks; no paranoia. **Intoxicated drivers are less hazardous:** A drunk

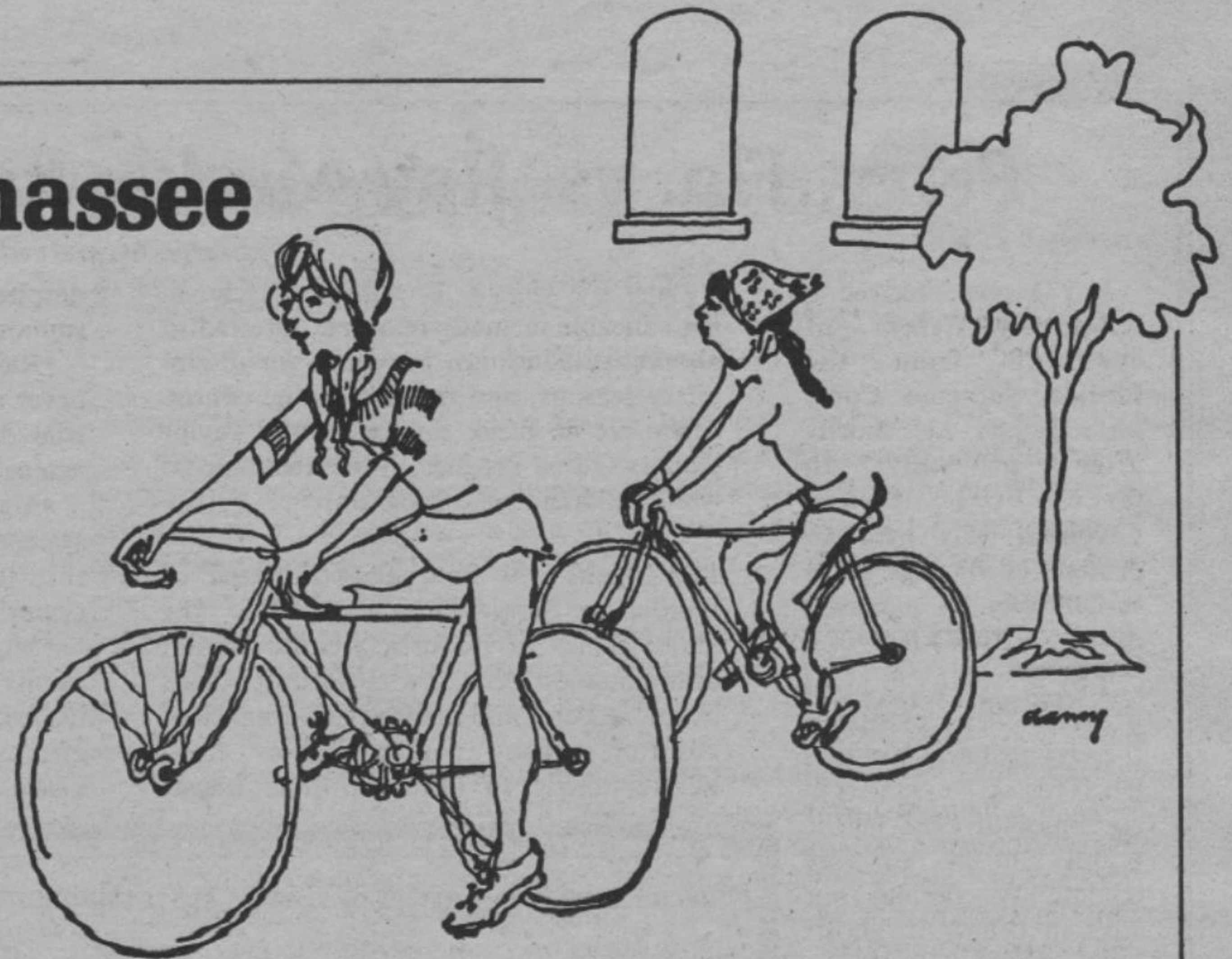
driver on a bicycle is not likely to fall asleep at the wheel, and does not endanger the lives of other vehicles on the road; If you're too drunk to ride your bicycle home, you shouldn't be driving home, and won't be!

The disadvantages of riding as opposed to driving are these: **Riding in the rain:** You get wet; no protection. **Hills become energy-draining obstacles.** **Exposure to air pollution:** You breathe in massive amounts of automobile exhaust. **Dealing with these three problems...**

Spring is finally here — a great time for bicycling. As the weather warms up, I delightfully re-experience the fact that bicycling can be fun. No more bulky coats and sweaters, no more freezing hands and lips. Sunshine on the face and breezes to cool you without freezing you stiff. With the coming of spring, however, comes Tallahassee's inevitable rains. How do bicyclists deal with these downpours?

Rain presents a basic challenge to the bicyclist. In a cat-and-dog situation, there's really very little a biker can do save stay inside, call a friend with a car, or get drenched.

However, if the rain is light-to-moderate, it can be braved with a few simple preparations: Wear a poncho or other rain clothing. (If it's a poncho, your unprotected bottom half — your pants leg — are going to get wet.) Be prepared by stashing a dry pair in your



backpack.

Inevitably, you will run into a puddle. When this happens, the front wheel will direct all of the water in the puddle onto the nearest foot. Be prepared. My strategy is to raise my legs high above the pedals until the puddle is cleared. Pedaling can then be resumed with triumphantly dry (relatively) feet.

Brakes in the rain respond differently than when dry. Characteristically, at first there will be no friction, and then when you're getting worried, they grab hold all of a sudden. Be prepared. Begin braking early and be ready to let up some degree when they catch, for controlled braking.

Tallahassee is not flat, as any biker can tell you. Major hills are distributed strategically around town. But hills are not isolated phenomena; they are a part of the topography that makes up the surrounding terrain. When one begins to see the city in terms of overall topography, you can utilize this data to your advantage.

More often than not, a steep hill approached on one road can be avoided by taking roads around it. Most hills are not like pyramids; rather, they are inclined up and down a system of ridges and valleys. In seeking a path around a hill, one can discover the lay of the ridge and, by trial and error, find the easiest route to your destination. A good rule of thumb suggested to me by a friendly local bicyclist is to follow the ridges. By always staying on top, you eliminate most of the work. Once you learn how the ridges run, you can plan your route via the easiest course for biking from one neighborhood to another. A new perspective on our fair town; this is one of those insights that seem so simple in retrospect. And yet how long did I struggle up those huge hills cursing and straining instead of simply going around them? It's embarrassing.

You would think with all this exercise that bicycling would be one of the healthiest means of transportation. If bicyclists were isolated in their own private universe, perhaps it would be. But no, bicycles are a part of the world around them, the world of cars, the world of internal combustion/external exhaust.

It is ironic that the people who ride in cars breathe none of the pollution they spew forth. The folks who ride non-polluting bicycles have no choice but to inhale all the stink they encounter. On Tallahassee roads it is not uncommon for a bicyclist to get caught behind a gas-

guzzling monster belching huge clouds of blue gak, or a semi-truck emitting diesel smoke straight into your lungs. If the offending vehicle decides to take the route you're on, it's enough to make one fantasize about biker's justice. If you're struggling up a hill, you breathe much harder and take in great gulps of gak. I've discovered myself singing that horrible song, "Oooh, that smell! Can't you smell that smell!" to the passing cars.

The automobile designers were very clever in putting the exhaust pipe *behind* the car. If I were to redesign the automobile, I would put the exhaust pipe inside the car. On the dashboard, perhaps, or maybe by the heating vent. I bet cars would be a lot less popular if drivers had to deal with their own pollution instead of sputtering it on everyone except he who produces it.

One final word about bike paths. I read somewhere that the number of deaths due to automobile accidents exceeds the amount of people killed in all wars. Bicycles are safer. Bicycles are inherently safer than cars. But when a car hits a bicycle, it's no contest. The bicycle always loses.

Bikeways as a means of separating bicycles from cars but allowing both the use of the roads are an excellent idea. I prefer the type found on Dogwood Way running by Strozier Library down Landis Green on FSU's campus, a separate lane on the outside of the road for bicycle use exclusively.

Government expenditures on highways and road building are tremendous. I would guess it runs in the millions of dollars. And how much of this is spent on bike paths? If the government were truly interested in cutting down on our petroleum use and conserving energy, you would think that promoting the use of bicycles, at the very least providing bike paths, would be a quick and easy first step. I would guess that perhaps the size of the automobile industry and the fact that there is no comparable lobby of bicycle interests, has something to do with this obvious deficiency in our roadways.

Getting people off of the oil addiction would not be in the interests of those big businesses who have the money and time to lobby for favorable legislation.

Perhaps if those with common bicycle interests would band together, an effective bicycle lobby could make some impact on those who dole out the highway and roadway monies.

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# Member Notes

## Co-op Cleanup

On Saturday, May 11, from 10-4, there will be a warehouse and grounds cleanup at the Food Co-op. Work credit offered. Please bring your friends and trucks.

## BOD Tracks

Brief happenings with the BOD . . .

- 2 new BOD members (Betty Huntley and Ron Miles) were elected at the Feb. 10 general membership meeting
- the meeting time of BOD meetings has changed to the 4th Monday of every month
- bylaws revision committee formed to review bylaws and suggest necessary changes
- LCFC table at Earth Day '80, FSU, April 18

## Community Involvement Subcommittee

The Community Involvement Subcommittee of the Future Options Committee has two categories of responsibility: involvement within the co-op and in the larger Tallahassee/Leon County community. This is a great way for members to give their input and enlarge the relatively small core group of people who actually run the food co-op and to help connect LCFC with the many educational, governmental, business and general activities that go on in Tallahassee. Interested? Contact Michael Lehman at 224-8579.

# Coordinator Notes

by Dave Taylor

In an attempt to bring our members up to date on a serious problem the food co-op is experiencing, these entire notes will be devoted to the subject of Volunteer Work and the Leon County Food Co-op's dependence on it.

LCFC is where it is today because of the large volunteer input it has received in the past. Unfortunately, the past is passed and we are in the present looking toward the future. If present trends continue as they have in the past six months, the future isn't so bright.

The nut and cheese displays are never filled with pre-packed goods. Shelves are sloppy and dirty. Your favorite coffee is missing. The flour you need for that special loaf of bread is not there. The list goes on.

In the good ol' days of last year, the coordinators would have to press themselves to keep enough work readily available for incoming volunteer workers. Not so lately. Now it's more like "are there any workers today?"

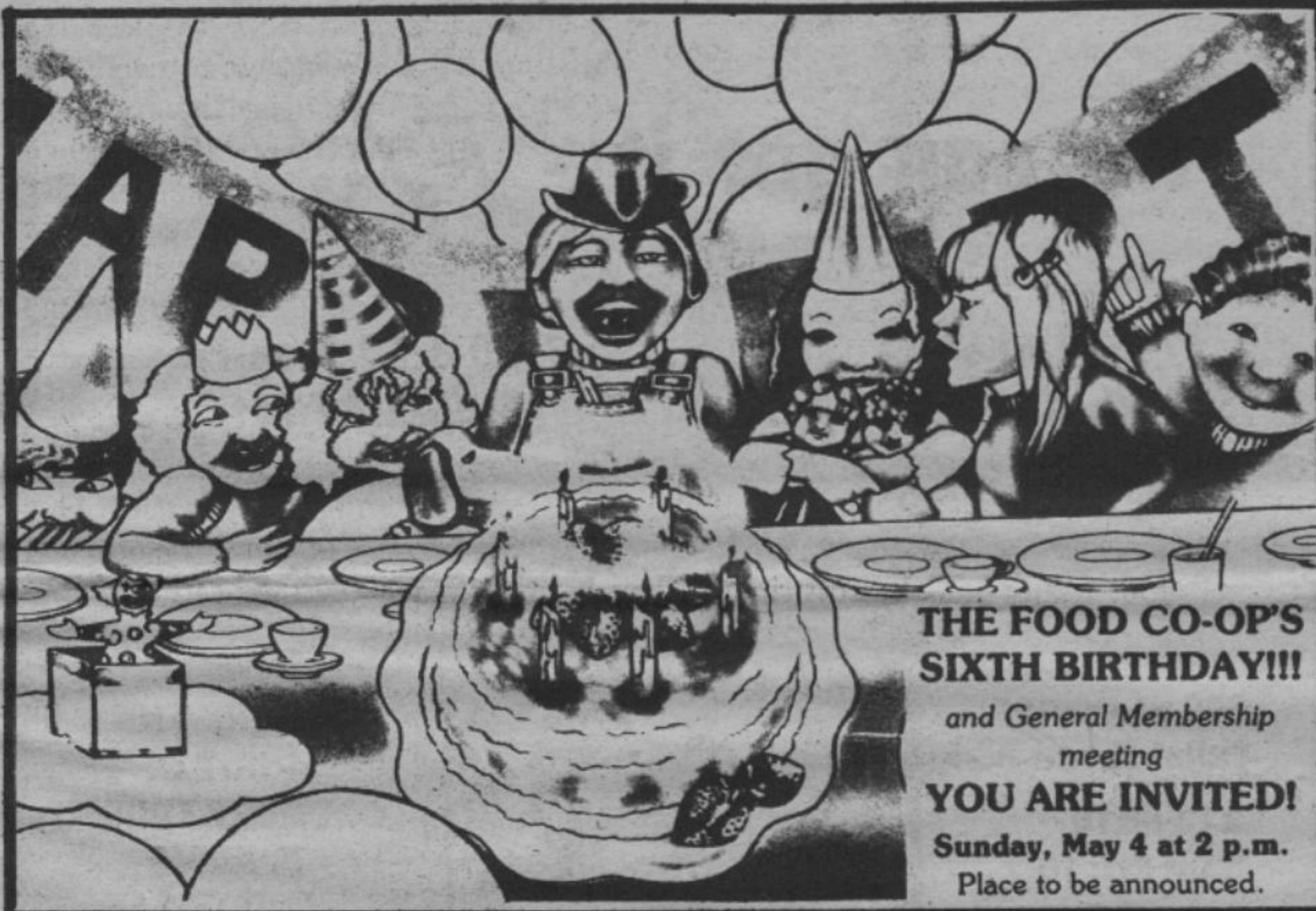
We've always been proud of the fact that LCFC has the capacity and desire to utilize more volunteer workers within our structure than any other co-op in the Southeast. I would like to emphasize again that while the capacity is there, the actual volunteer work force is not.

There are so many tasks that can be accomplished with an abundance of workers that we have simply put on the

back burner due to priorities and a low level of actual volunteer workers. We're at a point that we're asking all you members out there to find that extra 2 hours or 4 hours per month to contribute your share in the growth and well-being of the co-op. Your co-op.

Come share in the feeling of the food co-op. When you put in energy there, you're not just helping yourself. You're also contributing to the well-being of other members as well. The return on your investment is well worth it!

The board of directors and the coordinators of the food co-op are happy to welcome Pat Rogers as our new bookkeeper-coordinator. Pat joins the staff on April 1st. Everyone come by and say hello. And bid farewell to Patricia Handschy. Thanks for five years.



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- Puerto Rican Nationalist—Monday, May 12

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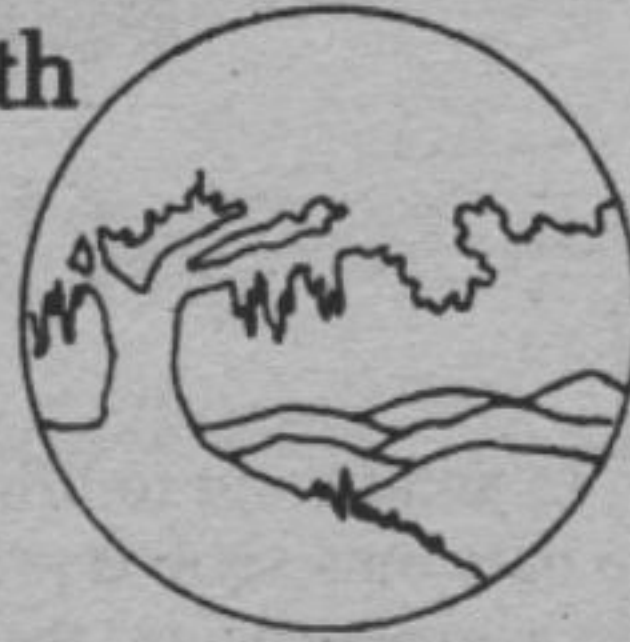
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## Seven Hills Holistic Community Health

# Transformation to Well Being

by Rotha MacGill



One dictionary definition of good health is "soundness of body or mind—freedom from disease or ailment." Optimal health, however, is more than this. It is a consistent and efficient flow of information and energy within each of our levels of being (physical, mental, emotional, and spiritual) and between each of these levels. It is also our ability to respond effectively to the world around and within us.

Disease (dis-ease) and illness stem from a lack of understanding of the laws of good health and/or an unwillingness to accept responsibility for keeping ourselves, especially our bodies, healthy. Disease and illness originate from deficiencies or excesses in the functioning of one or more of the systems on one of the four levels and, if allowed to continue, will eventually throw other systems/levels out of balance.

A simplified example of this is seen if you constantly eat something which disagrees with your stomach. You not only damage your stomach, you also weaken other digestive organs and could likely develop a defensive, cranky disposition (emotional level), would think less clearly (mental level) and obviously would not be listening to your "little voice" (spiritual level) which is probably telling you to quit eating junk.

*Disease does not "strike" innocent victims, nor is it anything we "catch" that is "going around."* Rather, it is caused by weakened resistance brought on by our health-destroying living habits and physical, mental and emotional stress.

Bacteria and viruses, which constantly surround us, enter our bodies after our health has declined to the point where the life force, vitality and resistance are lowered to the symptom threshold.

Improper nutrition is one of the prime factors which lower our bodies' resistance to disease. One source states that people in the U.S. pay out \$30 billion annually for health bills resulting from faulty nutrition and that 35 percent of the typical American food budget is spent on junk food.

Our bodies thrive on food, requiring good, wholesome, live fuel. When given live energy to use as fuel, bodies carry out their functions with a minimum of waste while producing a maximum of energy. If the food we eat is insufficient or excessive, or incomplete, or unwholesome, our bodies will not function efficiently, will create more waste toxins than they can eliminate effectively. What is not eliminated is stored and these accumulations weigh down our systems, eventually causing blockages and decreased or distorted energy flows in the area of the storage (usually where the resistance is lowest).

An interrupted energy flow due to toxin buildup can affect our minds, emotions, and spirits as well. A few diseases which have been linked to poor nutrition are: heart disease; diabetes; obesity; dysfunction of the kidneys, liver and gall bladder; anemia; dental decay; hypoglycemia; retardation and arthritis. And there are undoubtedly many more.

Extensive research and numerous case studies have shown that many diseases and illnesses which were created through poor nutrition have been and can be cured through improvement in diet.

A few of the diets which are discussed in numerous books on health include wheat germ therapy, fasting, megavitamins, raw foods and juices, and macrobiotics. Each of these appeal to different people depending upon their condition and needs, and it is best for each individual to determine for her/himself with the aid of health care professionals what is best in their particular case.

Two students of Michio and Aveline Kushi, Seneca and Kay Anderson, will be

## Campaign for Political Rights

The Campaign for Political Rights is a national coalition of over 80 organizations opposed to political spying and harassment carried out by police and intelligence agencies at the local, state and federal levels. And, because of many recent revelations of harassment and spying by nuclear facility officials and their subsequent cooperation with local police, the Campaign is also looking at a variety of private security firms working in the nuclear area.

Presently, the Campaign is attempting to identify additional specific cases of surveillance and harassment of anti-nuclear efforts including photographing protesters, recording vehicle license numbers, disrupting and infiltrating groups, or any other surveillance activity. The January 1980 issue of *The Progressive* featured a comprehensive section on the "Nuclear Big Brother," in which the connection between government, nuclear industry and

undercover police agents is investigated and revealed.

If you or others in your community have experienced any surveillance problems, please call or write the Campaign for Political Rights. Their office provides informational and network services including: speaker scheduling, press and publicity aid, local and campus organizing suggestions, legislative updates and referrals to experts and organizations.

They also publish *Organizing Notes*, which includes the most up-to-date compilation of information from around the country on this issue.

The Campaign would be happy to work with anyone concerned with these issues.

Contact the Campaign for Political Rights at 201 Massachusetts Ave. NE, Washington, D.C. 20002, (202) 547-4705.

in town April 18-20 to present a lecture and workshop on "Transforming Your Relationships With Your Body—A Commitment to Well Being."

Well known health practitioners in their own right, Seneca and Kay are directors of the East-West Center in Atlanta. Seneca is a graduate of New England Schools of Acupuncture and was awarded the degree of Doctor of Naturopathic Medicine by National College. Kay has been studying Natural Oriental Cooking since 1966. After healing herself of rheumatoid arthritis, she committed herself to assisting others to realize good health.

On Saturday and Sunday, April 19-20, Seneca and Kay will teach an in-depth class on both Shiatsu-Acupressure Massage and Natural Oriental Cooking. Pre-registration rates for this weekend are \$35 for Seven Hills members and \$50 for the general public. After April 11, the fee will be \$60 for everyone. Seneca will also be available following the workshop for private consultations and Shiatsu massage.

For more information, (time and place), call Cathy at 878-7508, evenings.

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Selection

## seeds from p. 10

base of these crops to diminish. Also, if incentives to develop new varieties are indeed necessary, this could be easily accomplished through increased funding of government breeding programs at land grant colleges. And further, according to the National Academy of Sciences, "most (new varieties) represent minor genetic advances and fine-tuned adjustments to changes in production, harvesting,

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processing and marketing procedures."

In conclusion, the only necessary amendments I can foresee to the Plant Variety Protection Act would be to decrease the number of species covered by the act. In fact, it appears that all edible plants should be excluded.

At this time, the U.S. House and Senate committees of agriculture are discussing H.R. 999 and S. 23 to amend the Plant Variety Protection Act. If you are appalled by the multinational corporations' attempts to limit our freedom, write Rep. E. (Kiki) de la Garza, D-Tex., and Sen. Frank Church, the sponsors of the House and Senate bills. Also, let Rep. Fuqua and Sen. Stone know you're strongly opposed to these bills.

For more information on small seed companies that offer many of the older, forgotten and traditional seed varieties, send one dollar to: Frank Porter Graham Center, Rt. 3, Box 95, Wadesboro, N.C. 28170. Request a *Graham Center Seed Directory*.

The Graham Center is a non-profit organization dedicated to the preservation and promotion of the small family farm. Your dollar will be well spent.

Note: Much of the information in this article was extracted from the February issue of *Acres U.S.A.*

## Local Political Action from p. 5

corporations in the country that will be able to use its power/money to influence local government; (6) This decision is being made in the absence of a comprehensive plan for industrial development — a critical problem is our lack of direction.

Although many citizens spoke in opposition to the rezoning, the commission voted 4-0 to rezone the property.

Citizens for Responsible Industry will be working on a change in the zoning ordinance to prohibit the industrial use of toxic chemicals and nuclear materials.

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